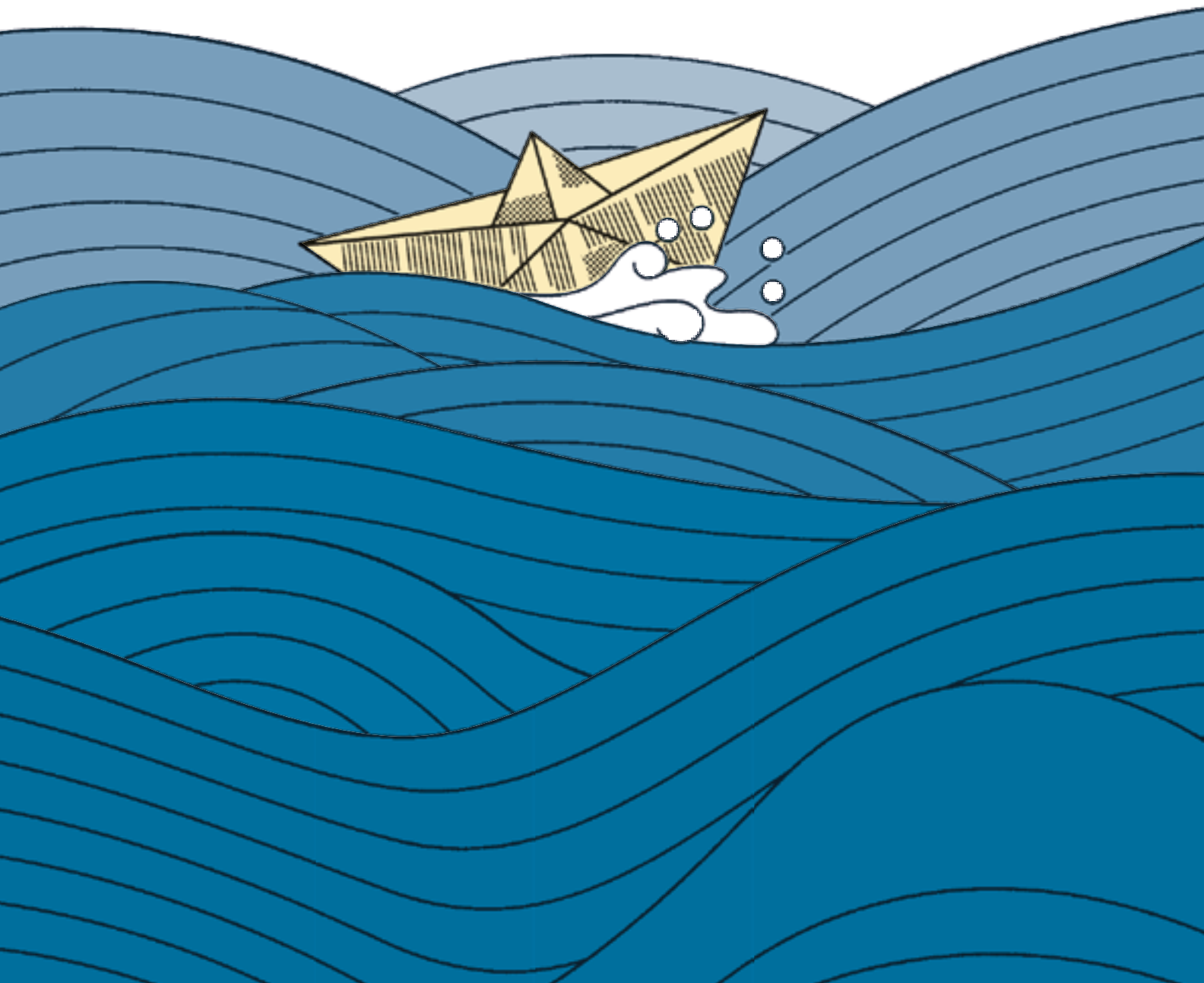


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Urbanism – Transports Ecology

illustration: Sébastien Thibault

WHY NOT CYCLE?

“I was fascinated by your book.”

– Frédéric Taddéi, *C’est arrivé demain*, Europe 1

Stein van Oosteren

Cyclists will give you a dozen reasons why they ride. But the underlying reason behind them all is fun and freedom.

“Cycling is fun and you can run red lights.” “Oh sure, bikes are great, but you gotta have room for cars.” “Biking is dangerous! And besides, there are lots of things you can’t carry on a bike.” Who better to challenge these preconceived ideas than a Dutchman living in France? Few people know that, before the Netherlands became known as a paradise for cyclists, the car was king. That was in the 1970s, before citizens started a remarkable bicycle uprising, one that proved the pedal revolution is first and foremost a matter of political will.

With wicked humour, van Oosteren explains why we need to make our cities

bikeable: because it’s good for our health, our morale, our children’s independence, the life of our neighbourhoods, the planet, and so much more! One by one, he tackles the many political and psychological roadblocks to cycling. Based on his experiences debating the topic with elected officials, the author believes that it’s time we started asking the real questions about transportation. For instance: not “how many cars can drive on a street”, but rather “how many people can use it”? Bike paths can accommodate seven times as many people as car lanes, so the math is easy!

To believe in change, you have to experience it first-hand. Because he can’t take you with him to the Netherlands, van Oosteren helps you to see public spaces from his Dutch point of view. You’ll return happy and amazed, as if you’d actually visited the bicycle kingdom, and say to yourself: “The question isn’t ‘why cycle,’ it’s ‘why *not* cycle’?”



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Spokesperson for the Collectif Vélo Île-de-France, Franco-Dutchman **Stein van Oosteren** has been contributing to the discussion on cycling in France since the release of the documentary *Why we cycle?* in 2017. **WHY NOT CYCLE?** is his first essay.

CITIES VS CARS

Giving urban pedestrians their rightful space

Olivier Ducharme

*The car is a trap,
it's time to break free!*

Cars have radically transformed our cities, to the point where they are the focal point of all urban planning initiatives. The fact that architects and urban planners alike have endorsed this vision of the city had led to polluted, unsafe spaces and infrastructure that's a drain on public finances. Faced with the climate emergency, Olivier Ducharme's goal is to subvert this car-centric model and restore pedestrians to their rightful place. He challenges us to rid our cities of these electric and gas-powered "road hogs", and to shift the focus of urban planning so it once again prioritizes community life and public transportation. If we want to get rid of traffic jams and start the green shift, we must have the political will to rid our cities of SOVs (single occupancy vehicles). The car is a trap, it's time to break free!



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Olivier Ducharme is a researcher with the Collectif pour un Québec sans pauvreté. Author of numerous works on philosophy and film, he has published several books with Écosociété, including *À bout de patience* (2016), *Travaux forcés* (2018) and *Cities vs Cars* (2021).

TRAVEL BUG, THE LATEST DISEASE?

Transportation and freedom

Laurent Castaignède

Engineer Laurent Castaignède tackles the health-related, social and environmental consequences of our hypermobility head on.

It's high time we took a closer look at the serious health-related, social and environmental consequences of the "travel bug" – this "craving to travel; strong desire to see different places" that has rapidly turned into a global phenomenon for humans and goods alike.

Laurent Castaignède puts on his epidemiologist hat to analyze this new disease, born of proliferating modes of transportation – cars, planes, trains, boats – that promise comfort, happiness and freedom. The travel bug is an insidious disease that is becoming increasingly widespread, despite mounting evidence of the damage motorized transportation inflicts on the planet. While this hypermobility is a powerful economic driver, the attendant severe climate "side effects" call for emergency measures.

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Laurent Castaignède has a degree in Engineering from the École Centrale Paris. After working for a large car manufacturer for nearly 10 years, he became a speaker and consultant on environmental issues, and founded the BCO2 Ingénierie consulting firm, which conducts environmental analyses of building and transportation projects. Since his first essay, *Airvore ou la face obscure des transports*, was published, he is regularly invited by the media to speak on transportation issues.



RODOLPHE CHRISTIN

Rodolphe Christin is a sociologist, the author of half a dozen essays and a novel. He lives near Grenoble — and yes, he has widely travelled.

REAL LIFE IS HERE

Can we still travel ?

Tourism is one of the industries that has had the strongest growth over the past few decades. Practiced by a tiny minority of the world's population, it harms people, landscapes and territories, even in its "greenest," most "responsible" forms. What does this mean ? Under these conditions, should we travel at all ?

Such is the wide-ranging issue that Rodolphe Christin asks us to consider in this short and powerful book. Following up on the devastating critique of tourism he articulated in *Manuel de l'antitourisme* (Écosociété, 2017), here, he focuses on travel itself and the possibilities it represents

in today's world. Indirectly, he is responding to the opposition between tourism and travel that often comes up in debates around these issues. Christin argues that tourism is above all economic, while travel is essentially a philosophy. It is possible, therefore, "to see here and there, navigating on undeniably imaginary and probably irrepressible waters, some of its most meaningful forms".



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ANTITOURISM MANUAL

This very successful essay shows how the planet's #1 industry — tourism — impacts the environment, foreign "destinations", as well as our own mindscape. Rodolphe Christin's delicate musings about the packaging of territories, globalization, and the fallacy of "sustainable tourism" are thought-provoking. So is

his questioning of the value of an activity that we (all 3.5 % of us humans who travel) view as our birthright. A test for every self-righteous traveler.



2017 – 144 p.
Spanish and Italian
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UNWIRE 5G ?

Investigation on an Imposed Technology

Atécopol

Technological escalation, planned obsolescence and ecological impacts: the 5G dissected in a book of scientific popularization.

While some see the fifth generation of mobile networks, known as 5G, as an exciting innovation leading to a whole new world of possibilities, others are concerned about the technology's environmental, health and population control issues. Either way, it's a textbook case of a technological race to the top and programmed obsolescence. Far from being a response to popular demand, 5G is actually a symbol of our production-oriented society that's addicted to technological "progress" and that has its multitude of stakeholders and vested interests. Not only does the 5G world pose significant social, cultural and geopolitical risks, it's incompatible with planetary limits. This book provides a clear and concise overview of the 5G issue, arguing for democratic ownership of our technological choices.



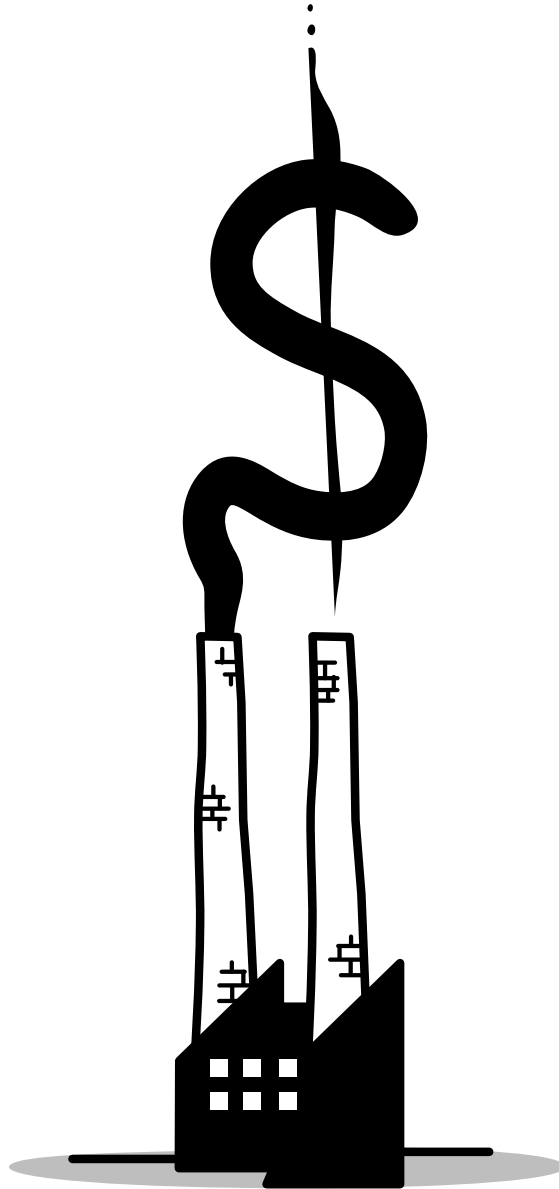
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- Conclusion. Promoting a democratic debate of technological choices

This essay is based on research conducted at the **Atelier d'écologie politique (Atécopol)** in Toulouse, where scientists from different fields discuss current and future environmental destruction. It was written by Jean-Michel Hupé, researcher at the CNRS (Centre national de la recherche scientifique) in cognitive neuroscience and political ecology, with contributions from researchers in astrophysics, urban planning, communication sciences, bioinformatics and history.



Ecology – Capitalism

illustration: Clément de Gaulejac

AN ECOLOGY FOR THE 99%

20 capitalism myths debunked

Frédéric Legault, Arnaud Theurillat-Cloutier and Alain Savard

Illustrations by Clément de Gaulejac

Can we be eco-warriors and stay true to our principles? This hard-hitting book is a must-read if we want to stay on the right path and preserve our living planet.

If everyone - from Emmanuel Macron to Jeff Bezos, and even Coca-Cola - is green, why is the environmental crisis growing at an alarmingly rapid rate? With the world population already experiencing the impact of climate change, not all of us are equally exposed to its violent effects. Environmental protection continues to be a divisive issue, with steadfast supporters

but equally real enemies, some of whom stoop to greenwashing. The purpose of this book is to draw the battle lines.

To avoid being duped by false allies and create an ecology for the 99%, we must discuss a taboo topic: the exit from capitalism. Basically, this book is a crash course in the economics of capitalism and political strategies, an attempt to build a grassroots environmental movement by launching a discussion about some persistent myths. It presents compelling evidence why carbon market policies will fail, why a capitalist economy cannot be based on renewable energy sources, and why we should be protesting against overproduction, not overconsumption.

Time is running out, we can't afford to take any wrong turns.



2021 – 320 p.
English Rights Sold

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Frédéric Legault teaches Sociology and is finishing a thesis on post-capitalist economics. **Arnaud Theurillat-Cloutier** is a Philosophy teacher, doctoral candidate in Sociology and author of *Printemps de force* (Lux éditeur, 2017, Prix du livre politique de l'Assemblée nationale du Québec, 2018). **Alain Savard** is a union advisor and has a PhD in Political Science (York University). They are involved in Quebec's environmental movement through, among others, the grassroots movement and eponymous website, La planète s'invite au parlement.

THE MYTH OF HUMAN ENHANCEMENT

A political and environmental criticism of transhumanism

Nicolas Le Dévédec

Understanding the true nature of transhumanism and the capitalist model of society behind it

The goal of the transhumanist movement is to enhance human physical and mental capacities through augmentation procedures. Among its mind-boggling claims are that it can optimize our cognitive abilities, adapt the body to extreme conditions, select the genes of unborn children, and transcend sickness and death. But, while these procedures are promoted as the ultimate path to individual empowerment, instead they simply serve to feed productive capitalism.

Sociologist Nicolas Le Dévédec highlights the relationship between transhumanism and neoliberalism, whose main goal is to “actively reconfigure individual and collective human behaviour so it conforms to the market and corporate model”. Internalizing the norms of self-improvement and performance that transhumanism promotes drives people to view their bodies as capital to be maximized, or as

a resource to be exploited. Viewed in that light, the augmented human is the ultimate neoliberal subject. As proof of his theory, the author points to the popularity of smart drugs and psychostimulants in such diverse fields as healthcare, transportation and finance: their use clearly meets the need for workers to constantly produce more in less time. Freeing ourselves from the false promises of transhumanism means breaking out of the paradigm of unfettered growth in which it is rooted.

It's obvious that transhumanism is not the liberating agent we've been told it is, but rather a means of alienation and exploitation. Indeed, it would be unrealistic to “believe that technological breakthroughs conceived in, by and for the capitalist society, would in any way help slow the pace and reduce the amount of work. Moreover, because of its focus on mastering and controlling nature, transhumanism has a potentially destructive effect on the living world. Confronted by transhumanism, whose goal is to change human beings in order not to change the world, we must first reclaim our political freedom, and then establish a new relationship with the natural world and with living beings, human and non-human.



2021 – 160 p.
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Nicolas Le Dévédec is a sociologist and professor at HEC Montréal. He is the author of *La société de l'amélioration*, *La perfectibilité humaine*, *des Lumières au transhumanisme* (Éditions Liber, 2015).

SHOULD WE END CIVILIZATION?

Primitivism and collapse

Pierre Madelin

We must reject the primitivist theories that are supposedly helping us cope with the current environmental crisis.

Ten thousand years ago, the foundations of civilization were laid by human settlement, the birth of agriculture and the formation of the first states. But what if, as primitivists claim, this Neolithic revolution was only an unfortunate interlude in human history? And what if, far from having a civilizing influence, these events instead launched human beings on a self-destructive path of environmental devastation, of which we are only now becoming aware?

Pierre Madelin uses these questions, which have dominated the environmental debate since the 1960s, as a springboard to examine the historical and anthropological bases of this theory, which posits that domination in all its forms is not inherent to social life, but are instead the result of the Neolithic period's prehistoric catastrophe. But primitivism is a political dead end, argues the author. Rather than mythologizing prehistoric life while we wait for industrial civilization to collapse, wouldn't it be better if we worked towards transitioning to an agroecological society?



2021 – 184 p.

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Chiapas-based **Pierre Madelin** is a philosopher and translator specializing in the field of environmental humanities. He is the author of *Carnet d'estives* (Wildproject, 2016) and *Après le capitalisme* (Écosociété, 2017).

PEDAGOGY IN TRYING TIMES

Creating connections that set us free

Philippe Godard

Children are the key to the future, because childhood is the only time when human beings connect with the surrounding world.

Children are the key to the future; not just because the future belongs to them but, most of all, because childhood is the only time when human beings are profoundly at one with the world. In these difficult times, our best hope for a liberated future depends on this special bond that children have with the world around them. If the primary goal of education is to teach children to be free, it must guide them as they become connected with all living things in their world. In other words, teachers must help create connections that can set us free. It's not just a matter of shaping future generations, our whole culture and future are at stake.



2021 – 224 p.

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Philippe Godard has worked in a variety of educational settings with challenging special needs students. He has written documentary books for young adults, and books on child labour, digital culture and the environment, including *Le travail, et après ?* (Écosociété 2017, with Rodolphe Christin, Jean-Christophe Giuliani and Bernard Legros).

LOSE THE SOUTH

Decolonize International Solidarity

Maïka Sondarjee

Has the time come to develop a moral and political position that would enable us to show greater solidarity with peoples of the South? Asking us to genuinely rethink North-South relations, Sondarjee puts forward a new framework for analysis and action: radical internationalism. Distinct from liberal internationalism, alterglobalization or deglobalization, radical internationalism provides a progressive, intersectional and multilateral vision of international politics. Sondarjee's book also proposes to define an alternative based on solidarity before nationalism, and to offer concrete political and economic solutions that would allow us to leave neoliberal globalization behind.

Although the left often claims to be “internationalist” or to support “alterglobalization”, it does not consistently or coherently include the exploitation of people living in the global South in its analysis of the capitalist system. Few are willing to explain what a truly progressive foreign and multilateral policy would look like. And while the economic transition is often mentioned, we forget to say that ending the exploitation of other parts of the world is the only way to carry out a just transition towards another system.

Derived from a moral position that is intended to make the Other a part of our concept of politics, radical internationalism could be the basis for rehabilitating practices such as international cooperation and official development assistance.



2020 – 272 p.

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Maïka Sondarjee has a Ph.D in political science from the University of Toronto, where her thesis analyzed the inclusion of populations from the South in the development of World Bank policies. She is now a researcher at the International Development Research Centre (IDRC). Her interests include approaches based on feminism, decolonialism and criticism of international systems, and she is also a founder of InformedOpinions, a group working to amplify women's voices in the media.



ALAIN DENEULT

Alain Deneault, program director at Collège international de philosophie in Paris, has written on multinationals, tax havens, and the ideology of governance.

THE LEGALIZATION OF FRAUD

A handbook on Tax Havens

When schools deteriorate, when a clinic is forced to close, when a viaduct collapses or a festival loses a subsidy, Tax Havens are to blame. A source of increasing inequality and huge tax losses, the use of Tax Havens by large corporations and wealthy individuals goes a long way to explain today's austerity policies.

«It's legal!» proclaim the culprits. In five efficient chapters, Alain Deneault raises the political questions surrounding this legalized scam. How does one define it and

what are the dramatic consequences of this kind of plunder? Just how do we confront the laws of the rich and powerful?

It's time to put an end to this senseless mechanism by which taxpayers finance banks through servicing of the debt and public services, allowing business to profit while taxpayers lose. We need to address the issue of tax havens, collectively, so that what is now legal is no longer so.



2016 – 128 p.

English rights sold (Canada)
Spanish rights sold (World)

PERVERSE TOTALITARIANISM

On a Multinational and its Power

Can the word “totalitarianism” describe the power of multinationals as it has been instituted and imposed since the early twentieth century? Modern political thought holds that the subjects of a collectivity are supposed to obey not the powerful, but the law. Perversely, however, that situation has been reversed. Today, multinationals ensure that the deliberations of political assemblies are subject to other “laws,” their laws, whose effectiveness they uphold – “laws” of the market or competition. Total, the French multinational, is a textbook case. This book

examines how it has established itself as a sovereign private authority, in a process that has been imitated by other multinationals. Total has become a power distinct from states – one that dominates them, takes them over, and uses them as tools in order to rule, and to extract resources, through the oligopoly that it forms with its peers.

Published in France by
Éditions Rue de l'Échiquier.



2017 – 144 p.

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ECONOMIZING HATRED

Essays on Censorship

When we are expected to love money no matter what the cost, there is no hatred of the economy. There is, however, an economy of hatred. The program is clear: economizing hatred. Hating so that it doesn't show; investing oneself in being enslaved by money. Beneath the data, the calculations, and the speculation are crimes, blood, theft, and deaths, hidden behind economic knowledge and its legal prerogatives. Money is a screen. Is it necessary to relocate factories, lay off workers, pollute rivers, evade taxes, support dictators, or

arm warlords in order to make sure that a share price goes up the stock market? The culture of money is precisely what authorizes us to economize these questions – to do without them – through self-censorship. One by one, Alain Deneault pulls apart the threads that make up the web of this diffuse censorship, so that we can free ourselves from the market filter that codifies social life.



2018 – 224 p.
[Italian rights sold](#)

CLASH OF NARRATIVES

How journalism confronts disinformation

Philippe de Grosbois

Disinformation as a symptom of a deeper crisis in journalism and a meandering quest for “truth” in the age of social media

The internet is full of fake news, and it's all the fault of social media. Not so fast! For this media sociologist, things are not so straightforward. Are we really living in a post-truth era? Owned by powerful interests, media companies are not as objective as they claim to be. The current media crisis and misinformation epidemic are not just a failure of the business model, but also reveal a crisis of confidence in journalism. A new “ministry of truth” has emerged, under which authoritative journalism based on empirical facts is replaced by perceived truth. This book's challenge to the system, which includes viewing journalism as a fourth estate, blurs the lines between true and false, real and virtual in an epic of duelling narratives.



2022 – 200 p.

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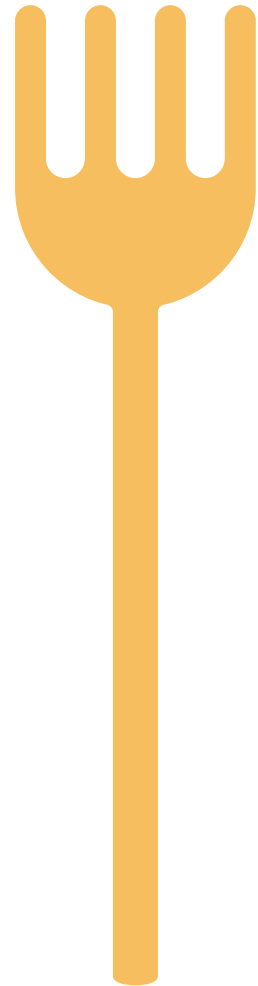
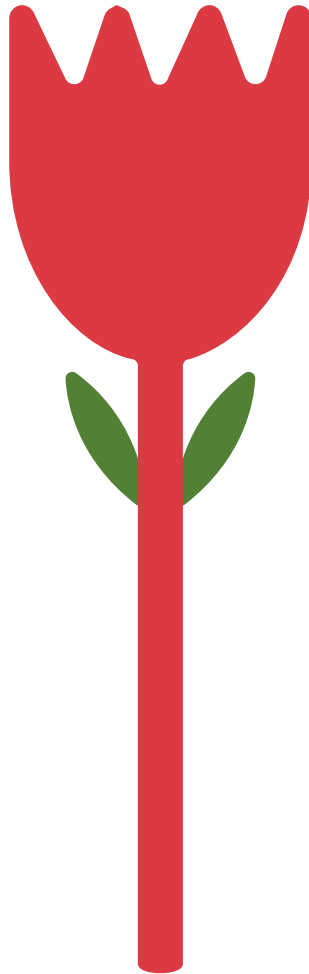
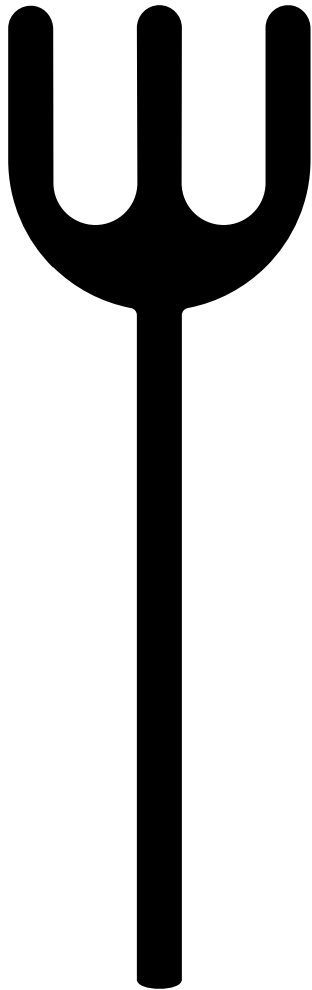
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Conclusion. Let's do our research, together



Philippe de Grosbois has been teaching sociology at the college level since 2001. A member of *À bâbord!* magazine since 2007, he has written a number of articles on digital social and political issues. He's the author of *Les batailles d'internet. Assauts et résistances à l'ère du capitalisme numérique* (Écosociété, 2018).



Agriculture – food

illustration: Eloïse Dechamps

THE AGROECOLOGICAL REVOLUTION

Feeding everyone without destroying the planet

Alain Olivier

The global food system needs a rethink, and this complete guide to agroecology is the perfect place to start

Are we ready for the agroecological revolution? There's no longer any doubt that the Green Revolution of the 1960s failed and that the current global food system is dysfunctional. Just look at the issues: soil depletion, biodiversity loss, health problems from pesticides, millions of people with nutritional deficiencies, not to mention farm debt, the privatization of life, and the fact that agribusiness giants control the seed supply and food distribution systems. It's high time we brought agriculture in line with environmental concerns.

The author uses his experience as a teacher and agricultural researcher to take the reader step by step through the scien-

tific principles and agricultural practices of agroecology, which focus on proper soil management, recycling the plant and animal biomass, and protecting water and ecosystems. Crop rotation, mixed cropping, agroforestry and integrating livestock in a sustainable way should be the norm. Because agroecology recognizes the value of the soil, farmers' knowledge and the role of women, one of its core tenets is that the people who feed us must have access to land and seeds.

In the current context of climate change, sustainable practices, social justice and food sovereignty should be the main pillars of agroecosystems and food systems in general. Agroecology – a broad social movement whose goal is to establish more sustainable and more equitable practices – is our best shot at transforming the relationship between human beings and their food, their land, and an exhausted and depleted natural world.



2021 – 288 p.
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Professor at Université Laval's Faculty of Agriculture and Food Sciences, **Alain Olivier** holds the Chair in International Development and heads the Interdisciplinary Research Group in Agroforestry (GIRAF). In 2004 he received the Prix international La Recherche, Environment category, and in 2016, the Prix d'excellence en enseignement from Université Laval for his work in the internationalization of education.

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STOP FOOD WASTE

Estelle Richard

Why does nearly half our food end up in the garbage without even being eaten? It's time we put an end to food waste!

Between the farm and the table, almost half of all food is thrown away without being eaten. Faced with the growing problem of food waste, Estelle Richard launches a call to arms, in our kitchens and in our fridges. While this phenomenon can mostly be attributed to agribusiness and the consumption habits it promotes, it's also caused by the way we manage food in our homes. Estelle Richard believes that everyone can do something meaningful to help reverse the trend. As well as explaining the root causes of food waste, she shares her tips and tricks on how we can better preserve and consume our food. She also describes the steps of a grassroots campaign to create a no-waste society, and urges us to reconnect with the real value of food, one forkful at a time.



2021 – 160 p.
All rights available

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Chapter 1. The issue of food waste

Chapter 2. From eating to consuming: the recent, rapid expansion of agribusiness and our relationship to food

Chapter 3. The home and how it's organized

Chapter 5. Taking collective action

Epilogue. Reconnecting with the real value of food

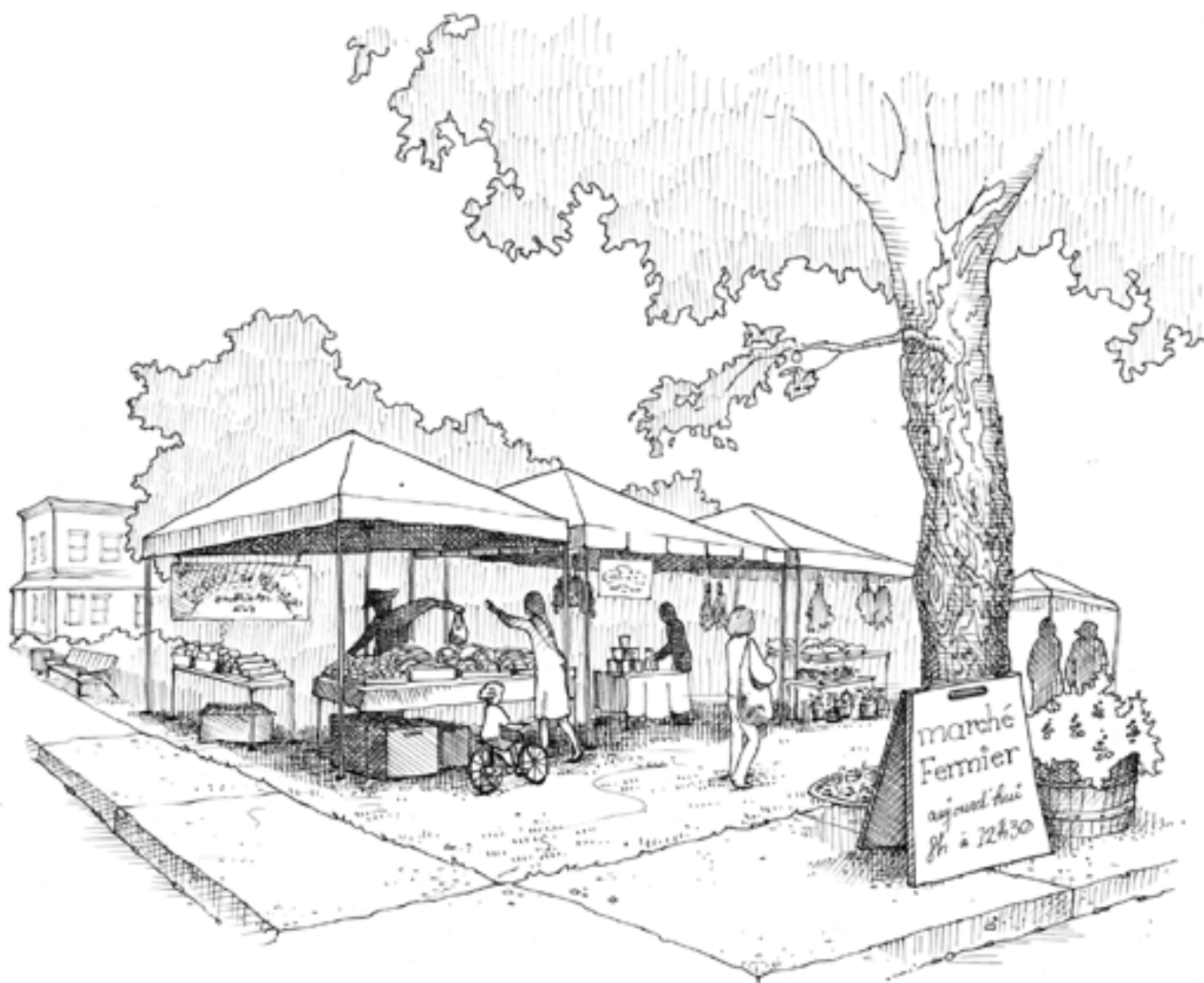
Useful and inspiring resources

Part 2 – Solutions

Chapter 4. Changing our habits



Estelle Richard started the Sauve ta bouffe project with the AmiEs de la Terre de Québec program. As a community organizer, she is currently working on issues such as fighting poverty and promoting food security, and has just started a small-scale bio-intensive peasant farm with her partner.



Handbooks

illustration: Marie Bilodeau

THE ART OF RECIPE-FREE COOKING

Food Resilience Guide

Véronique Bouchard

Sometimes cooking can seem like a lot of work: busy schedules, complicated recipes, hard-to-find ingredients for a dish by some famous chef ... It's no wonder ready-to-eat food sometimes seems so attractive. But what if we learned to cook without recipes? Véronique Bouchard wants us to discover our own inner cook, regain our food autonomy, and eat food that's in season and available.

Given the current issues of climate change, resource depletion, pandemic fears and growing social inequality, it's more important than ever that we learn a new way of eating, cooking and preserving locally produced food. A true anti-cook book, *The Art of Recipe-Free Cooking* provides all the tips and techniques readers will need to develop their cooking instincts and promote food resilience. It serves up tasty topics such as:

- The main reasons for eating seasonal, local and organic food, and moving away from mindless eating and prepared meals.
- The basics of a diet that's good for your body, and for the planet.
- Tips on freezing, canning, fermenting and drying.
- The ABCs of making: bread, kombucha, kefir, sprouts and shoots.

- A map of Quebec, by terroir.
- Variations on 27 themes: salads, risottos, pies, croquettes, pancakes, sauces, pestos, soups, veggie pâté, muffins, pastas, stir-fries, etc.

The Art of Recipe-Free Cooking might well be the last cookbook you ever buy! A tribute to the artisans who feed us, this guide is sure to build your confidence and make your cooking more seasonal, as well as helping to create a greener, more resilient and more nutritious food culture.



2020 – 216 p.
All rights available

“This 216-page, beautifully illustrated gem comes at a perfect time, given the current issues of climate change, resource depletion, pandemic fears and growing social inequality.”

– Sandra Mathieu | La Presse Touristique

“We must put human relationships back at the centre of our economy and our diet. Changing the way we produce, consume, cook and eat is the first step towards finding solutions to climate change.”

– Véronique Bouchard



Véronique Bouchard comes from a family of farmers and grocers. Today, she's an agronomist, lecturer and ecofeminist who is active in her community, and co-founder of the Ferme aux petits oignons, a diversified organic vegetable farm in Mont-Tremblant. She has received many academic and professional prizes and awards.

THE SUSTENANCE GARDEN

Self-sufficiency through no-tillage

Marie Thévard

The essential guide for how to become food self-sufficient and grow a thriving food garden without depleting the soil.

Living by your convictions: that's the choice Marie-Thérèse Thévard (Marie-Thé to her friends) made roughly thirty years ago when she launched her food self-sufficiency and no-till gardening venture in her adopted region of Saguenay, Québec. The Sustenance Garden is the story of her beliefs, research and effort she put into practicing an environmentally responsible lifestyle based on independence from fossil fuels, resilience, healthy eating, permaculture, agroecology and community living.

Divided by month, with step-by-step explanations of how to grow a thriving organic food garden, the guide lays out the principles and techniques to grow vegetables, fruits, legumes – even grains! In contrast to the soil depletion caused by industrial agriculture, Marie-Thé focusses on the qualities of the soil. Her central tenet is no-till gardening, an approach that shuns tilling in favour of mulching – and she chose to set up her venture in a northern, boreal climate that many would consider unsuitable for market gardening.

Thanks to Marie-Thé's many years of experience, you will learn:

- The principles of permaculture, agroecology and no-tillage;
- How to combine crops to get a thriving, resilient ecosystem;
- Techniques for protecting crops against the cold;
- Organic methods of controlling the most common crop pests;
- A toolkit to help you organize your garden: storage tips, tool suggestions, schedules for sowing, planting and harvesting, etc.;
- Ways to preserve vegetables and seasonal recipes;
- Poultry raising basics.

Written by the daughter of Marie-Thé, Marie Thévard (also known as Marie-Thé), *The Sustenance Garden* is an essential roadmap for anyone wanting to get more out of their sustenance and no-till garden and gradually become food self-sufficient. With its many illustrations and photos, this book is a must-have for both beginner and experienced ecological gardeners.



2021 – 384 p.
[All rights available](#)



Marie Thévard grew up on her mother's farm. After discovering she had a passion for farming, she held several jobs in organic agriculture and completed a Bachelor's degree in Agri-environmental Engineering at Université Laval. With her mother's help, the author developed the technique of the no-till northern sustenance garden, which she lays out in orderly rows in *The Sustenance Garden*.

THE MARKET GARDENER

A Successful Grower's Handbook for small-scale Organic Farming

Jean-Martin Fortier

Preface by Laure Waridel

More than 200 000 copies sold

Jean-Martin Fortier's internationally acclaimed handbook for small-scale organic farming, have already sold 150 000 copies in English and in French. In his micro-farm located in Quebec, growing on just 1.5 acres (10000 m²), owner Jean-Martin Fortier feeds more than 200 families through their thriving CSA (Community supported agriculture) and seasonal market stands.

The secret of his success is the low-tech, high-yield production methods they've developed by focusing on growing better rather than growing bigger, making his operation more lucrative and viable in the process. *The Market Gardener* is a compendium of La Grelinette's proven horticultural techniques and innovative growing methods, a complete guide packed with practical informations. Inspired by the French intensive tradition of maraîchage and by iconic American vegetable grower Eliot Coleman, author and farmer Jean-Martin Fortier shows by example how to start a market garden and make it both very productive and profitable. Making a living wage farming without big capital outlay or acreages may be closer than you think.

Jean-Martin offers us a dream, but it's very real. And profitable! He provides us with all the necessary information to achieve it, and then, he tells us that it's easy.

— Thimoté Croteau, Les Jardins d'Inverness (Québec)

In France, The Market Gardener has rapidly become a reference book for small-scale agriculture. Both visionary and practical, this is a book of the highest intellect.

— Charles Hervé-Gruyer, Permaculture teacher and farmer at the Bec Hellouin farm (France)



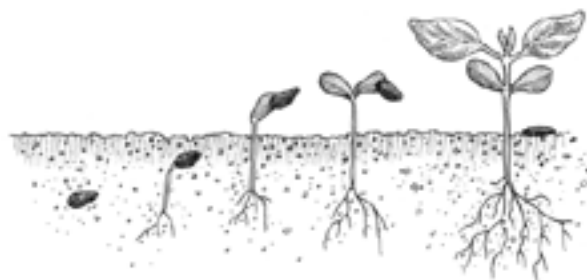
« One of the most encouraging things for me has been to see the number of enthusiastic young people who are educated and politically aware, and deeply wish to learn the art of producing food in a sustainable way. In the near future, this community will form a powerful, critical mass and one day we will no longer be ignored. »

— Jean-Martin Fortier



2015 – 240 p.

Rights sold: Chinese, Croatian, Dutch, English, German, Italian, Korean, Polish, Spanish, Vietnamese.



THE BEE AND THE HIVE

The Ecological Beekeeper Handbook

Alain Péricard

Devastated by industrial and chemical agriculture, bee populations are under serious threat throughout the world. Their vitality is an indicator of our biosphere's health, and we urgently need to develop an environmentally appropriate apiculture as part of a widespread organic revolution in agriculture.

This book will tell you:

- where to set up hives, and what resources you will need to do so;
- what equipment and tools you will need to carry out your tasks as you visit hives throughout the beekeeping season;
- how to identify, prevent, and protect hives against disease, parasites, and predators, and how to keep colonies in good health;
- specific techniques associated with interventions that focus on the queen and genetic selection;
- how to extract, use, and transform honey and other products from the hive.

Written by an experienced beekeeper, the book is abundantly illustrated.



2019 – 312 p.
Turkish Rights Sold



Alain Péricard kept bees for twenty years before moving to an almost exclusive focus on ecological beekeeping in the early 2000s, at Rucher biologique Apis in Québec. A graduate of McGill University in international and intercultural communication, feminist theories, and qualitative methodology, he has taught, done research, and worked as a scientific journalist specializing in agriculture and the environment.

HENS IN THE YARD

A Handbook to Raising Chickens in the City

Louise Arbour

Illustrated by Jocelyne Bouchard

Let's say you have some space in your backyard, and you wouldn't mind some fresh eggs every day. We are more and more concerned about the environment, and more committed to eating locally: hen houses are definitely going to be a feature of tomorrow's urban reality. Louise Arbour generously shares her years of experience with laying hens and her wide-ranging research on this topic. Her guide will make you familiar with the anatomy and behaviour of the hen (*Gallus gallus domesticus*), and will also tell you how to:

- care for animal well-being,
- choose healthy laying hens,
- build or buy a proper hen house,
- take care of your hens in winter,
- feed your hens and take care of their nutritional needs,
- use prevention and biosecurity to reduce the threat of disease,
- understand how eggs are formed and laid.

The book also explains how to approach your town or city's elected officials and representatives and work with them to develop urban hen house projects, community projects, or therapeutic projects for seniors living in residences.

The guide calls on us to include hens in the overall mosaic of urban agriculture and the principles of permaculture. They are undoubtedly some of the best representatives of the “eat locally” movement!



2020 – 288 p.

[All rights available](#)



Louise Arbour is one of the major ambassadors of the urban chicken movement in Québec. She is the founder and director of Poules en ville (Hens in Town), a consultancy company and school providing online training on raising hens in urban environments. She has written articles and given many lectures on this topic. She lives in Terrebonne, Québec, with her five hens, and is actively involved in VERterrebonne, an organization dedicated to raising awareness of healthy and environmentally responsible habits.

THE OTHER PHARMACY

A family Guide to Herbal Remedies

Laetitia Luzi

Illustrated by Mathilde Cinq-Mars

Maybe you and your family live in a stressful, polluted environment. Maybe you're worried about a fragile parent, or anxiety wakes you up at night, or you live a long way from health care institutions. We all have good reasons to turn to plant-based care and to learn more about botanical medicine. This kind of medicine, practiced on every continent for thousands of years, has long been relegated to the margins. Today, though, natural forms of medicine are no longer practiced in secret: we are starting to acknowledge, study and teach them. Luzi's book is part of this emancipatory process, encouraging us to reestablish direct contact with plants and become less dependent on the pharmaceutical industry.

The book includes:

- fact sheets for 50 plants,
- explanations on how to choose, harvest, prepare and use these plants,
- advice on preventing and treating over 40 simple and common pathologies,
- warnings about side effects and counter-indications,
- a section on essential oils.



2020 – 264 p.

[All rights available](#)



Laetitia Luzi is a herbalist, naturotherapist, aromatherapist and hypnotherapist. Trained as a sociologist and anthropologist, she worked for NGOs as a leader of humanitarian missions in the field, discovering alternative approaches to medicine through the traditional therapies of the countries in which she lived. Today, she teaches and works as a part-time consultant in Canada and Europe.

THE ARTISAN FARMER

A Handbook for raising Broiler Chickens, Laying Hens,
and Dairy Goats using Artisanal Techniques

Dominic Lamontagne

Foreword by Marc Séguin

Both the winners and losers created by the massive industrialization of agricultural processes seem to have forgotten that agriculture was first designed to feed us. Once, there was no country without peasants, and every rural area had its traditions and artisans. Today, regions are devitalized by the rural exodus that is emptying our countrysides. Might not small ecological farms be a formidable antidote to this? Following in the footsteps of Jean-Martin Fortier, who gave us a work on market gardening (*Le jardinier-maraîcher*), Dominic Lamontagne invites us to reappropriate our agricultural knowledge.

Lamontagne tells us about the methods and tools we need to raise laying hens, broiler chickens, and goats. How do you build a henhouse or a trough? How do you milk a goat? How can you tell if your farm animals are in good health? The author answers all of these questions, using illustrations, and focusing on manual solutions that show respect for animals and the land.

Lamontagne has called on other contributors to round out the volume with valuable sections on other aspects of the family and ecological farm: bees, geese, sheep, and permaculture. This is an important guide for anyone who wants deeper solidarity with the environment and greater self-sufficiency.



2019 – 352 p.
[All rights available](#)



After running a bistro in Montréal (among other things), **Dominic Lamontagne** moved with his family to Sainte-Lucie-des-Laurentides. Since then, he has focused on promoting food self-sufficiency and responsible gastronomy through his website *En pleine gueule*. His book *La ferme impossible*, published by Écosociété in 2015, is a vibrant plea for the return of family farms.



Graphic Novels

illustration: Emanuelle Dufour

MÉGANTIC AND THE NIGHT-TIME TRAIN

Christian Quesnel and Anne-Marie St-Cerny

A modern capitalist tale, in which transporting black gold by rail claims 47 lives

“Some men, my child, are capable of spreading ruin and sorrow without even a hint of shame. Alas, their shadow has fallen on our little town.” Thus speaks a grandmother to her granddaughter about the tragedy in which they both perished on July 6, 2013 in Mégantic.

Author Anne-Marie Saint-Cerny has chosen these two characters to tell this modern-day capitalist tale, skilfully illustrated by Christian Quesnel. Who are the real culprits in the tragedy that claimed 47 lives? How could a train with 72 tank cars of flammable crude be operated by just one man?

Set in motion by Wall Street investors, cowboy producers of Dakota black gold, and oil conglomerates, and enabled by politicians who turned a blind eye, the tragedy struck a community that, even in the immediate aftermath of the event, found itself at the mercy of local developers and financial interests that were often far from well-intentioned.

The train left from North Dakota, USA. “But that’s so far away...” exclaims the granddaughter. “The evil smell of oil permeates the entire planet, my child,” replies the grandmother.

Much more than a human-interest story, the tragedy is a disturbing example of so-called “shock doctrine”. Based on the essay, *Mégantic : une tragédie annoncée*, the graphic novel powerfully illustrates the terrible events themselves and the search for culprits.

Christian Quesnel is a graphic novel author and the recipient of numerous awards for his work, including *Cœurs d'Argile*, *Ludwig*, *Félix Leclerc: L'alouette en liberté* and *Vous avez détruit la beauté du monde*, which won the Grand prix de la ville de Québec in 2021.

Author, researcher and activist **Anne-Marie Saint-Cerny** arrived at the site of the tragedy five days after it occurred. *Mégantic : Une tragédie annoncée* won the 2018 Prix de l'essai Pierre Vadeboncoeur and was shortlisted for the 2018 Governor General's Award for Literary Merit and the 2019 Prix des libraires.



2021 – 96 p.
English Rights Sold

13H57



PALVRE BÊTE.
72 CITERNES, 11 000 TONNES
D'ACIER QUI FRAPPENT, ÇA LAISSE
AUCUNE CHANCE...

SI AU MOINS
Y'AVAIT UN AUTRE
HOMME AVEC MOI...

15H



ALLO?
FARNHAM?

18H RICHARD LABRIE, MÉCANICIEN DE
LOCOMOTIVE QUALIFIÉ, PREND SON
QUART DE TRAVAIL COMME CONTRÔ-
LEUR POUR LA NUIT.

20H



LA 5017
TRAVAILLE TROP
FORT...

JE SAIS
PAS SI JE ME
RENDRAI.



ICI CCF-FARNHAM
SALUT TOM!

SALUT
RICHARD! QUELQU'UN
A RAPPORTÉ LA 5017?
Y'A UN PROBLÈME...



ALLO?
MMA-USA? HARDING
HERE, ON TRAIN TO
NANTES. LISTEN,
THE 5017...

JUST
GO ON...

UN MUR DE FEU DE
PLUSIEURS ÉTAGES,
FORMÉ DES GOUTTE-
LETTES DE PÉTROLE
ET DE GAZ TOXIQUES,
A FONCÉ VERS LE LAC À
4 KWH.

TEMPÉRATURE : 3000°C.



LES POMPIERS CROIENT COMBATTRE DU PÉTROLE PEU INFLAM-
MABLE. ILS IGNORENT QUE LE CP ET WORLD FUEL ONT FALSIFIÉ
LES PAPIERS, CAMOUFLANT LEUR PÉTROLE CLASSÉ LE PLUS
EXPLOSIF ET DANGEREUX. À 1H30 ET 4H, DEUX EXPLOSIONS AVEC
CHAMPIGNONS EMERSENT LE CIEL. ON FRÔLE L'HÉCATOMBE.

3H.



TOM,
ÉCOUTE...

C'EST TON TRAIN
MON AMI, QUI EST
DESCENDU...

NO! NO!
HOLY FUCK!

TABARNAK
DE TABARNAK!



NO!
OH JESUS
CHRIST...

SO THAT
MEANS...



...MA
MAISON...

OUI... C'EST
LA MALÉDICTION DES
VICTIMES, MON ENFANT...
REBÂTIR AVEC TANT DE PEINE
CE QU'ILS ONT DÉTRUIT EN
UN SI BREF ÉCLAIR...

JE ME
SOUVIENS,
AVANT...

AVANT, MON
ENFANT, C'ÉTAIT
SI BEAU...



STRATÉGIE DU CHOC,
ÉTAPE 1 : RAPIDITÉ D'EXÉ-
CUTION. PROFITER DE CE QUE
LA POPULATION EST ENCORE
ÉTOURDIE. ELLE NE POURRA
S'OPPOSER À CE QUE L'ON
VEUT LUI IMPOSER.



ON VEUT
JUSTE RAVOIR NOTRE
VILLE, NOTRE
VIE.

CE N'EST
PAS DE NOTRE
FAUTE SI LE TRAIN
A TOUT DÉTRUIT...

LAISSEZ-NOUS
REVENIR!

LE RÈGLEMENT 1613 DE LA
VILLE DE LAC-MÉGANTIC,
MODIFIANT LE ZONAGE
MUNICIPAL ET CRÉANT
LE NOUVEAU PROGRAMME
PARTICULIER D'URBANISME,
LE NOUVEAU LOOK
QU'AURA LE MÉGANTIC
POST-TRAGÉDIE, A ÉTÉ
ADOPTÉ PAR LA MAIRIE LE
9 SEPTEMBRE 2013, À
L'INSU DE PRESQUE TOUS.
UNE SOIXANTAINES DE JOURS
À PEINE APRÈS LE DRAME.



CONSERVEZ
NOTRE CENTRE-
VILLE ENCORE
DEBOUT!

SURTOUT
NE TOUCHEZ PAS
À CE QUI N'A PAS
ÉTÉ DÉTRUIT!

MA MAISON
A ÉTÉ ÉPARGNÉE
À FATIMA!

LES PREMIÈRES EXPRO-
PRIATIONS DE MAISONS
NON TOUCHÉES NI
CONTAMINÉES ONT EU
LIEU 21 JOURS PLUS
TARD, LE 30 SEPTEMBRE.



“QUÉBEC WAS FOUNDED IN MY COUNTRY!”

A journal of meetings, from Ani Kuni to Kiuna

Emanuelle Dufour

Emanuelle Dufour confronts the shame she feels over her ignorance of Québec's Aboriginal people and uses it as motivation to meet some fifty leading Aboriginal figures.

“The truth is that I was born in Québec, that my family has lived on their traditional lands for over 200 years, and yet I know almost nothing about them and I don't know a single Aboriginal person. The truth is that I'm ashamed of myself ... ashamed of us.”

After meeting with members of New Zealand's Maori people, Emanuelle Dufour realized how little she knew of about Québec's First Nations. When she returned, she began the process of learning more about the everyday life of the Aboriginal people and launched a timely and important dialogue. Why do our history books

ignore the residential schools, and why do “Indian” stereotypes still appear in pop culture? How did Aboriginal people experience the Oka crisis? Based on her own experience, but also drawing on the experiences of many indigenous and non-indigenous people, this multi-faceted book explores the legacy of our colonial past and brings to light stories that have remained in the shadows for too long.

“*Québec was founded in my country!*” says Anna Mapachee, turning the tables on our colonial past. While systemic racism still shapes the Aboriginal condition, this meeting journal also bears witness to the work being done by different communities to reclaim their languages, their ancestral knowledge and their identities, at such places as the Kiuna College in Odanak, “a school just for us”.

How about you? Are you ready to find out what role you can play in the story?



2021 – 208 p.
All rights available



Emanuelle Dufour has a Master's degree in Anthropology (from UdeM) and a PhD in Art Education (from UConcordia), which combines cultural safety and graphic novels. She is a graphic novel artist and a pedagogical advisor for Equity, Diversity and Inclusion at Collège Ahuntsic. “*Québec was founded in my country!*” is her first large-format solo graphic novel.



Everyone should pick up a copy!

– François Lemay, *Le Devoir*

This book's strength lies in the fact that it tackles head-on the shame felt by non-indigenous people who know too little about the First Peoples. Using her personal experience as a starting point, she provides a beautiful demonstration of what reconciliation should be.

– Marie-Lise Rousseau, *Métro*

A magnificent book.

– Catherine Pepin, *ICI Musique*

[I]t's so fascinating, so instructive, and so creative as well. It really resonated with me!

– Rebecca Makonnen,
Pénélope at Radio-Canada Première





LES PELOUSES Y ÉTAIENT D'UN
VERT ÉCLATANT ET LES VISAGES,
D'UN BLANC IMMACULÉ.



adaptation
populaire
d'un chant de
lamentation du
peuple arapaho (!?)

SEULS DEUX COMPAGNONS DE CLASSE NÉS DE PÈRES SUD-ASIATIQUES ET MADAME BEAULIEU (QUI PASSAIT TOUS SES
HIVERS EN FLORIDE) SEMBLAIENT DÉROGER À LA RÈGLE. JE ME SOUVIENS AUSSI D'UNE FAMILLE VOISINE DE LA NÔTRE
QUE CERTAINS DISAIENT « ESQUIMAÛDE » (PEUT-ÊTRE EN RAISON DE LEURS DEUX GROS CHIENS INUIT?)
... MAIS NOUS N'AVONS JAMAIS CHERCHÉ À EN APPRENDRE D'AVANTAGE.

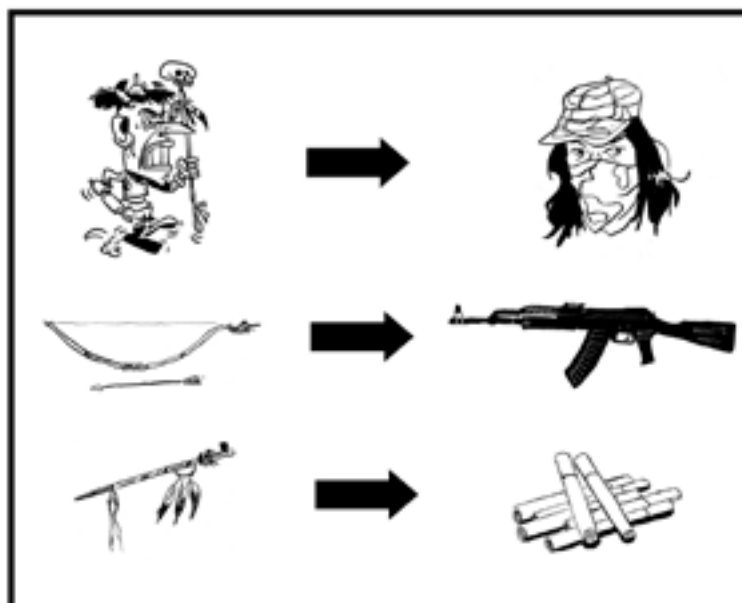


LES PREMIERS PEUPLES DU TERRITOIRE N'EXISTAIENT CHEZ NOUS
QU'À L'INTÉRIEUR D'UN IMAGINAIRE FOLKLORIQUE PERSONNIFIÉ PAR
LES JEUX DE COWBOYS, LES BANDES DESSINÉES, LES WESTERN-
SPAGHETTI ET LES COSTUMES D'HALLOWEEN. IL Y AVAIT DEPUIS
PEU LES CHANSONS DE KASHTIN, MAIS LES « APPARITIONS » DU
GROUPE INNU FAISAIENT FIGURE D'EXCEPTION.



AU MOIS D'AOUT 1990, NOTRE UNIVERS DOUILLET
FUT BALAYÉ PAR UNE IMMENSE TEMPÊTE.

LE FEU DE LA GRANDE PAIX S'ÉTAIT «ÉTEINT».



LES INDIENS,
LES MOHAWKS,
LES WARRIORS,
LASAGNE ET SA GANG...

ILS AVAIENT TRAVERSÉ L'ÉCRAN.
ILS ÉTAIENT REVENUS COMPLÈTEMENT TRANSFORMÉS.
ILS SE TENAIENT AUJOURD'HUI DEVANT NOUS,

«HAGARDS », « ARMÉS » ET « MENAÇANTS »...



NOTRE
IMAGINAIRE
D'ENFANTS
S'EN TROUVA
COMPLÈTEMENT
BOULEVERSÉ.

WE ARE STILL STRUGGLING FOR
THE RETURN OF OUR LAND.

PEOPLE NEED TO UNDERSTAND THAT
THIS IS WHAT HAS BEEN GOING
ON FOR 300 YEARS. THIS IS WHAT
WE ARE FIGHTING TO STOP.



HOW TAX HAVENS RUINED MY BREAKFAST

François Samson-Dunlop

Afterword by Alain Deneault

"That's it – from now on, I'm taking myself out of their business. I won't have anything to do with companies that are involved in tax evasion!" Our hero, a young man in his thirties, is now aware of the octopus-like grip that tax havens have on our lives, and he has decided to meet the challenge. Setting out on his quest under his partner's amused (and savvy) eye, he gradually comes to realize that he will be giving up a very large number of everyday items. Kitchen table? It comes from IKEA. Artisan-made knife that will support the local economy? Delivered by FedEx. Auteur film at the cinema? Financed by Amazon. iPhone? Apple is a supreme master of the art of avoiding taxes. In short, it's not going to be easy.

Can one person sever all ties with anything connected with tax havens, whether directly or indirectly? Inspired by the work of philosopher Alain Deneault, this graphic novel wittily takes apart the tax evasion ploys used by multinationals. It makes us see how deeply political the issue of tax havens is, and how deeply we need a collective response to them.



2019 – 216 p.

All rights available



After showing his mettle with *Philadelphie*, **François Samson-Dunlop** co-authored and illustrated *Pinkerton* and *Poulet Grain-Grain* (La Mauvaise tête). He is the cofounder and editor of the fanzine *Tout va bien*, and his column on "Sport and society, sort of" is published in *Planches*, a Québec graphic art/comic strip periodical.



HOW (AND WHY) I BECAME A VEGAN

Eve Marie Gingras

Foreword by Elise Desaulniers

In *Comment (et pourquoi) je suis devenue végane*, Eve Marie Gingras shares how her thinking evolved on veganism, our relation with animals, abusive and cruel treatment meted out in slaughterhouses, and the environmental problems we are facing. She examines the cognitive dissonance arising from an essentially meat-based diet: we often turn a blind eye to the conditions of production that bring eggs, milk or foie gras to our plate. Whether their origins are industrial or artisanal, their consumption raises a moral dilemma that we need to look at now more than ever.

This book, resulting from Gingras's personal experience, is intended for anyone who is aware of the consequences of their food choices, who is curious to learn more about what is at stake, and, especially, who wants to make choices more consistent with their ethics.



2020 – 144 p.

All rights available



Eve Marie Gingras has a visual arts degree from the Université du Québec à Montréal and has been working as a massage therapist for over a decade. Her interest in ethics, her love for animals, and a need to feel useful brought her back to the drawing table. *Comment (et pourquoi) je suis devenue végane* is her first graphic novel.



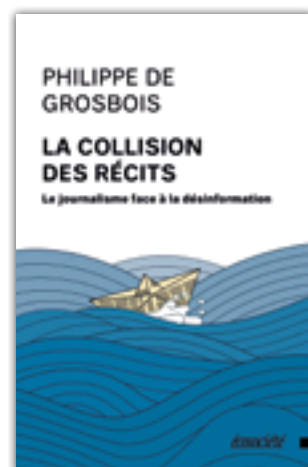


Illustration by Stéphane Poirier
for Philippe de Grosbois, *La
collision des récits*, 2022