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Cover illustration by
Yoakim Bélanger from
The Ices, 2026

For over twenty-five years, Écosociété has been publishing radical non-fiction designed to help understand, criticize, and transform society, at a rate of about twenty books each year. Favorite themes of Écosociété include ecology, participatory democracy, North-South relations, economy and post-capitalism. Écosociété sells books in Canada and in French-speaking Europe. Government grants are available for foreign publishers interested in translating its books into languages other than English.

ecosociete.org

Conseil des arts du Canada Canada Council for the Arts

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Political Mycology

What Grows After the Fall

Wladimir Schall

Mycologie politique.
Ce qui pousse après la chute
2026 • 192 pages
All rights available

An ally of the powerless, a pioneer of the margins, a sign that nothing is ever set in stone, the mushroom teaches us the strategy of the shadows.

Mushrooms have run through history as both witnesses and accomplices. They have poisoned emperors, inspired artists, and shaped societies. They break down organic matter to nourish life, and beneath our feet, their mycelial networks stretch for kilometers. In this hybrid essay, artist and mycologist Wladimir Schall examines how we think about power, collapse, care, and collective organization through the lens of mushrooms. He blends scientific research, aesthetic exploration, and political satire to remind us that this invisible architect does more than simply inhabit our woodlands. It is the ally of the powerless, the sign that nothing is ever definitive. Fungi want nothing. And yet, they transform everything.

Key Points

- By blending political essays with mycological knowledge, Wladimir Schall offers a literary oddity to be savored slowly, with a little garlic.
- The essay ends with mushroom entries, all illustrated. A small, handcrafted book to be collected like a work of art.
- In a world where 1% rules and 99% suffers—a world that pits "the successful" against "those who are nothing"—this treatise on subversive mycology reminds us that history often belongs to the invisible.

A trained conductor, composer, and sound artist, **Wladimir Schall** is an artist and mycologist. Member of the French Mycological Society as well as the mycological societies of New York and Como, he has developed a transdisciplinary practice in which spores, mycelia, and their bioelectric signals become artistic material. *Political Mycology* is his first book.

The Ices

Rébecca Deraspe, Yoakim Bélanger

What do we do with issues that are too serious? A nuanced graphic novel about rape culture, adapted from the hugely successful play of the same name.

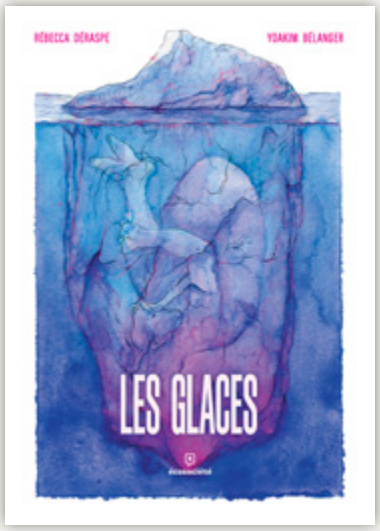
When Noémie learns that her son, Théo, is accused of sexual assault, she is swept up in the turmoil and forced to relive her own traumas. Because while the mind may make us believe we've left our suffering behind, the body never forgets. As her own inner ice begins to melt, a single certainty emerges: she must confront the two men who, twenty years ago on the banks of the St. Lawrence River, assaulted her. The surge of questions that emerge disrupts the lives of several people—those who, whether from near, far, or too close, are affected by this great thaw. What do we do with things that are too serious? *The Ices* is a story full of sisterhood, courage, and nuances (with a confidently asserted "s").

Key Points

- Yoakim Bélanger's vibrant colours lend the dialogue in the original play a quality that is both striking and gentle. The colours shift between bright and subdued tones. He has brought this deeply moving story to life with the full range of his talent.
- A comic that puts our upbringing and our blind spots into perspective, encouraging us to accept that we aren't always the hero, and to be willing to say, 'I did what I did, and I'm asking you for forgiveness'.

Rébecca Déraspe is a playwright. Her plays have won numerous awards and are performed and translated around the world. *Les glaces*, published by Éditions de Ta Mère, won the Michel-Tremblay Prize.

A multidisciplinary painter, **Yoakim Bélanger** exhibits across Canada and at numerous international art fairs. He lives in Montreal, in the Hochelaga-Maisonneuve neighbourhood. He illustrated his first comic book, *Résister et fleurir*, with Jean-Félix Chénier, in 2023.



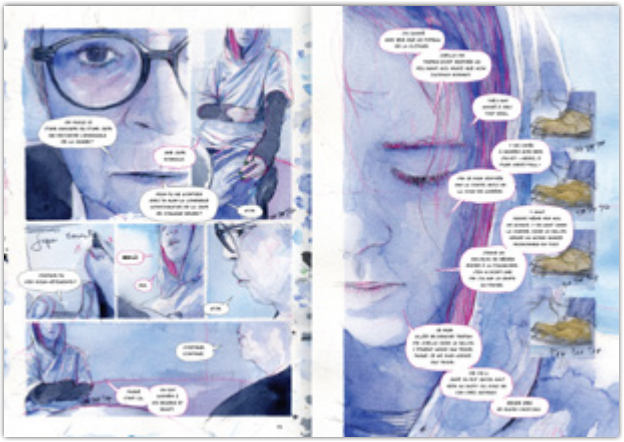
Les glaces
2026 • 288 pages
All rights available

The Ices boldly tackles rape culture. Skillfully weaving together narratives and eras, dramas and families, voices and territories

Christian St-Pierre,
Le Devoir, on the play

It is overwhelmingly beautiful, sensitive, subtle and intelligent. I am blown away; I've got goosebumps.

Rébecca Deraspe,
on the adaptation



The big mechanism

Insights into the Inhuman

Anne-Marie St-Cerny, Djibril Morissette-Phan

How did we end up treating migrants in such an inhumane way? A hard-hitting comic strip that helps us understand the mechanisms at work along migration routes.

Faced with the inhumanity of Western governments that speak of the migrant "crisis" and, of course, blame the migrants themselves, Anne-Marie St-Cerny set out to understand. And to see for herself. She traveled along borders and took the back roads. She wanted to shed light on the mechanisms at work in migration networks, the geopolitics of "flow management," and the West's outsourcing of this humanitarian crisis to third countries. Punctuated by personal accounts, this hard-hitting graphic novel illustrates the successive barriers migrants face: in their country of origin, in transit countries, and in their destination country. These migrants, fleeing war, natural disasters, and economic insecurity, are searching for a "home"... yet are told to go "back home."

Key Points

- A comic book that reveals the inner workings of this "big mechanism" of the migration system, in which many different players are involved: people-smugglers, camp guards, military personnel, politicians, diplomats, lawyers, pharmaceutical companies, security firms, and so on.
- A clear exposition of the "construction" (in the Chomskyan sense of the term) of the figure of the migrant in wealthy societies. It is by exploiting our fears and vulnerabilities that we come to reject the Other.
- To counter this widespread hypocrisy, the comic skilfully shifts our focus to the real causes of inequality and social injustice, and deconstructs prejudices.

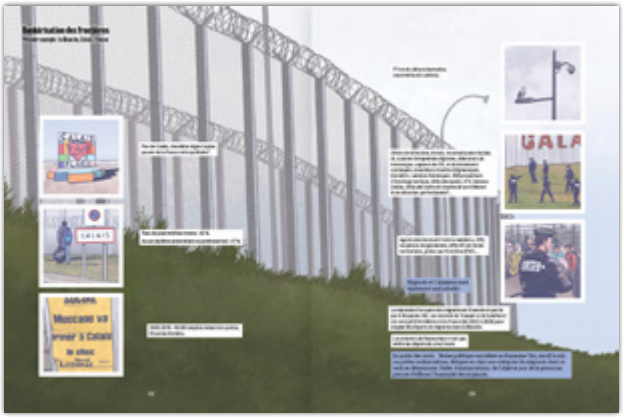
A grassroots activist, the author **Anne-Marie Saint-Cerny** has published the essay *Mégantic, une tragédie annoncée* and, with Christian Quesnel, *Mégantic, a train in the night*, which won the Éco-Fauve Angoulême prize in 2022.

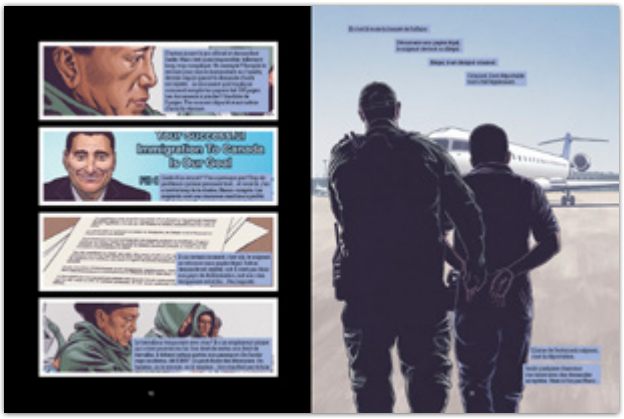
Born to a Vietnamese mother who arrived in Quebec during the Boat People crisis, **Djibril Morissette-Phan** has published, amongst other works, *The story of science fiction* with Xavier Dollo (Les Humanoïdes associés, 2020), *Havana connection* with Michel Viau (Glénat Québec, 2024), and is published by Marvel.

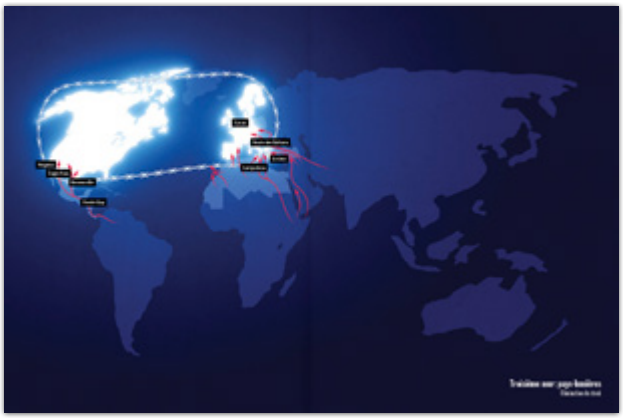
La grande mécanique.
Migrations, regards sur l'inhumain
2026 • 136 pages
All rights available

> A magnificent comic. The story, brought to life by powerful illustrations, depicts 'a hell where the only choice is the basic instinct for survival: to die or to flee'.
>
> Josée Blanchette, Le Devoir

> With a clear sense of humanity, they shed light on the grim reality faced by the poorest amongst us as they attempt to improve their lot by the only route open to them: illegal immigration.
>
> Alexandre Vigneault, La presse







When the Pupils Rebelled

History textbook before the Collapse

Emanuelle Dufour, Francis Dupuis-Déri

A rich comic book that tells the story of democracy by and for young people in the original form of a school textbook pastiche.

A few years ago, young people around the world responded to Greta Thunberg's call by taking to the streets to defend the climate. Although seemingly unprecedented, this mobilization is part of a long history of pupils strikes and other forms of rebellion in schools. Tracing this history, this comic book is presented as a history textbook for the 2047-48 school year, in a world "after the collapse" of industrial society caused by the climate crisis. Racial segregation, sexual assault, social inequality, repression of gender and sexual diversity... The causes for which the pupils are mobilizing are legitimate and raise important questions about the notion of democracy as it has been passed down to us.

Key Points

- An untold and little-known story: While there are many books on student strikes, few have focused on high school student mobilizations. The book is based on some 60 interviews conducted by the author and thousands of articles and reference works.
- Democracy by and for young people: a good opportunity to reflect on the concept of democracy as it is taught and is an excellent educational tool on citizenship.
- A whole chapter on the climate strike: One chapter is entirely devoted to the youth climate movement launched by the young Swedish activist Greta Thunberg.

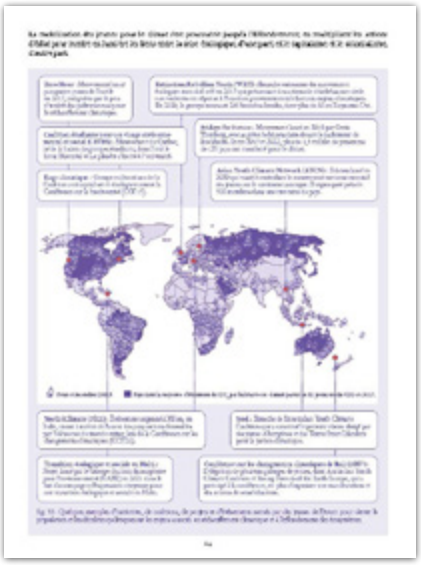
Francis Dupuis-Déri teaches political science and feminist studies at UQAM. He is the author of numerous books, including Democracy: *A Political History of a Word* (Lux, 2013) and *Anarchy Explained to My Father* (Lux, 2014).

With a Master's degree in anthropology (UdeM) and a PhD in arts-based education (Concordia University), which combine cultural security and comic books, **Emanuelle Dufour** is the author of the comic book *C'est le Québec qui est né dans mon pays!* (Écosociété, 2021).

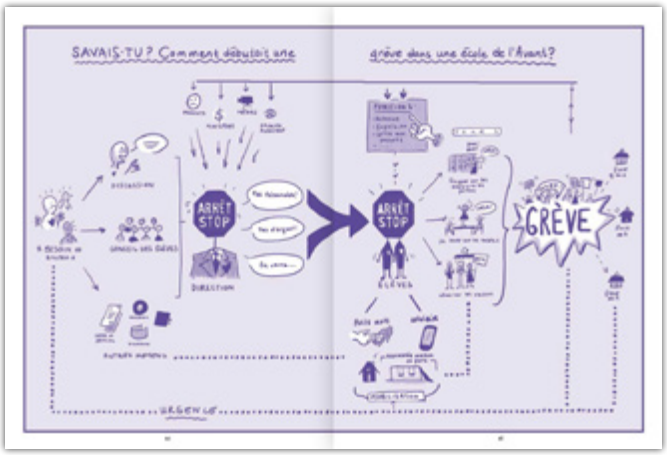
Quand les élèves se révoltaient. Manuel d'histoire avant l'Effondrement
2025 • 108 pages
All rights available

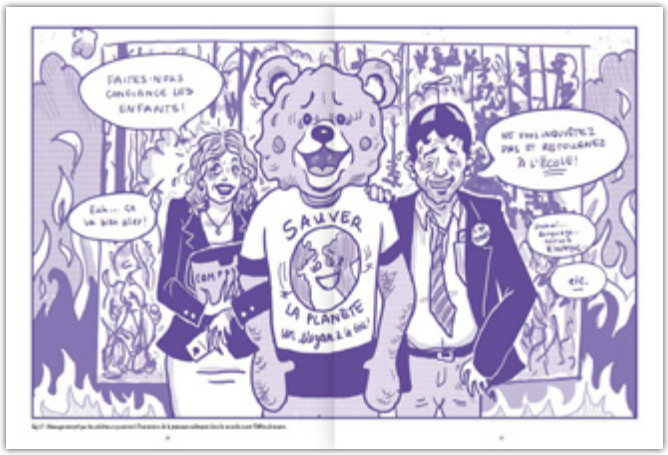
> Playful and brimming with remarkable graphic creativity, this book educates, challenges, and captivates us. [...] When the Pupils Rebelled is a civic duty.
>
> Jean-Dominique Leduc, Les Libraires

VOTE
IT'S OUR TODAY
VALOTE SON



SAVAIS-TU ?
VOTE
LA FEMME VOTE


SAVAIS-TU ? Comment débute une grève dans une école de l'Avant ?
ARRÊT STOP
GRÈVE
ÉLÈVES
DIRECTION
URGENCE


FAITES-NOUS CONFIANCE LES ENFANTS !
Euh... ça va bien aller !
NE VOUS INQUIÉTEZ PAS ET RETOURNEZ À L'ÉCOLE !
SAUVER LA PLANÈTE
etc.

NEVER AGAIN
NRA
GOP
DON'T
SHOOT

SAVE OUR
ONLY
HOME

Invisible differences

Maude Nepveu-Villeneuve

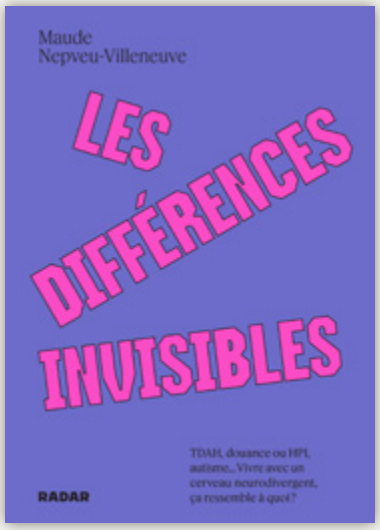
ADHD, autism, giftedness, or high intellectual potential... What is it like to live with a neurodivergent brain?

A "neurodivergent" brain functions differently from the norm. But what is the norm? And how does a typical brain function? For many years, Maude Nepveu-Villeneuve has been actively interested in neurodivergence. She herself lives with a particular strength, giftedness or HPI. She also has attention deficit hyperactivity disorder (ADHD) and level 1 autism spectrum disorder (Asperger's syndrome). To complement her own experience, she spoke with young people aged 12 to 14 who are autistic, have ADHD, or are gifted. *Invisible differences* aims to help neurotypical people better understand their realities because in a healthy society, we must learn to live together in all our similarities and differences.

Key Points

- Detailed presentation of characteristics that can be associated with autism, ADHD, and giftedness or high intellectual potential.
- Numerous examples explaining how a neurodivergent brain works and the challenges faced by people living with these disorders.
- A book to help neurotypicals better understand the differences observed in neurodivergent people and promote the pooling of each person's strengths.
- A toolbox full of tips, explanations, and details to help young neurodivergent people better live with their differences.

Maude Nepveu-Villeneuve is an author, editor, and professor of literature. She has published three novels for adults with Éditions de Ta Mère: *Après Céleste, Partir de rien*, and *La remontée*. For young people, she has written *Simone sous les ronces* (2020 Booksellers' Award), *Je t'écris de mon lit* (finalist for numerous awards) and *Le dernier mot*, finalist for the 2025 Quebec Booksellers' Award.



Les différences invisibles
collection RADAR
2025 • 160 pages
All rights available

> I am convinced that Maude Nepveu-Villeneuve's little purple book will be a valuable resource and do a great deal of good for the neurodivergent people living among us and for those who support them on this journey.
>
> Marie-Hélène Poitras, Le Devoir

RADAR

Talking about Sex

Maude Painchaud-Major

Freeing ourselves from norms to invent the sexuality that suits us best.

A relationship can be complete without penetration; you can come without ejaculating, have pleasure without coming; the first sexual encounter is rarely satisfying... and so on. Maude Painchaud-Major runs workshops on sexuality with teenagers. She has answered their questions in class and on Tiktok, listening to their concerns and their sexual experiences. Through her straightforward, no-holds-barred approach, she aims to help teenagers free themselves from sexual injunctions and, ultimately, have more fun. From penis length to erogenous zones, masturbation, beauty standards, heteronormativity, gender issues and mutual consent, she invites us to slow down and talk about sex, quite simply, away from the shackles and pressures of performance.

Key Points

- A sexologist who has answered tons of questions from teenagers about sexuality in numerous workshops and on Tiktok brings together her answers.
- A no-holds-barred, no-taboos presentation of everything to do with sexuality, with a positive, inclusive approach.
- A tribute to desire, pleasure, sharing and consent. It's up to the partners to set the guidelines together, their needs and their limits, so that they can feel safe.
- An update on harmful sexual representations in pornography, rape culture and LGBTQ+ issues.

Maude Painchaud-Major has a bachelor's degree in sexology and is a trainer and lecturer in sexuality education. With several years' experience in psychosocial intervention, her workshops promote healthy, positive and inclusive sexuality education. During the pandemic, Maude started a TikTok channel to continue answering the many questions young people had about sexuality. *Talking about sex* is her first essay.

Her Tiktok channel: @apoil.sexed

Parler sexe
collection RADAR
2024 • 152 pages
All rights available

> A fine, well-crafted text, aimed at teenagers and young adults, but of interest to all ages [...] A fine text on a fine subject!
>
> Quentin Wallut, Les Libraires

> *Talking about Sex* explores sexuality from a very human angle, talking about who we are, what we know about ourselves and what we do with diversity and nuance.
>
> Sophie Gagnon-Roberge, SophieLit

RADAR

Texting, Posting, Scrolling

Emmanuelle Parent

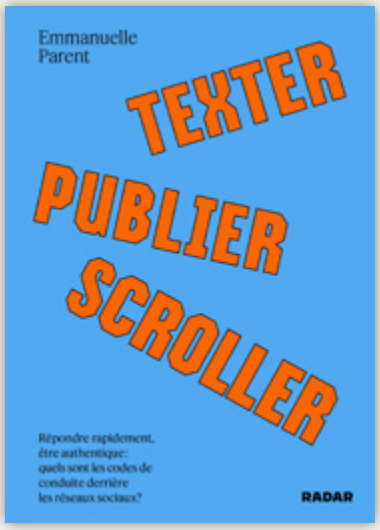
Learn the codes of social networking, stay true to yourself and communicate better with others.

Is it possible to be yourself on social networks? Is adequate screen time the same for everyone? Should you reply to messages straight away? Emmanuelle Parent spoke to hundreds of teenagers about their relationship with social networks. In a realistic portrayal of the good and bad sides of social networks, she aims to equip teenagers with knowledge of the codes and unspoken things, and to help them make healthier use of the various platforms. The book is structured around three characteristic ways of using social networks. Texting to communicate with others and the expectations this raises, posting to talk about yourself or something that interests you, and "scrolling" to see what others are saying and doing.

Key Points

- Simple, effective tools to help you learn to set your limits, and to let the people interact with you, knowing what those limits are, so that you don't feel so much pressure to be constantly available.
- Clear explanations of why social networks exist, how they work and their codes, tacit or otherwise.
- Tips and methods that work to help us spend less time on our phones. There's even a list of activities developed by an occupational therapist to replace screen time with other pleasures!
- Presentation of the platforms and the specific uses of each.

Professor of communications at the Université de Montréal, **Emmanuelle Parent** co-founded the Centre pour l'intelligence émotionnelle en ligne (CIEL) in 2019, an organisation that promotes digital well-being among teens and children. Based on the latest scientific studies, its training courses offer concrete methods of intervention in a non-judgmental approach that puts young people's voices first *Texting, Posting, Scrolling* is her first book.



Texter, publier, scroller
collection RADAR
2024 • 144 pages
All rights available

> To write this highly engaging essay, the author met hundreds of young people [...] She brilliantly dissects the digital world, its codes and its unspoken secrets. A thought-provoking read about our online lives.
>
> Curium Magazine

RADAR

Commiting to Friendship

Camille Toffoli

Truly deep friendships are based in unconditional acceptance ; that's what makes them so strong.

An original, no-holds-barred look at all the various kinds of friendship and the many ways it can empower us, Camille Toffoli's observations and insights will challenge your preconceptions about this often misunderstood relationship.

Friendships are a place where we're free to be our real selves and share our deepest thoughts and feelings. Whether short-lived or enduring, they play a role in shaping who we are. In this highly original, no-holds-barred essay, her own experiences are interwoven with others' stories, Camille Toffoli shows how friendship can influence our lives, and even have a political impact, as the bonds it forges have the potential to transform our world. Whether they hurt us or help us grow, friendships can radically change the way we think about and see the world. Why not restore friendship to its rightful place at the centre of our society? *Committing to Friendship* invites readers to explore the power of friendship and unlock its empowering potential.

Camille Toffoli is the co-founder of the Montréal feminist bookstore, L'Euguélionne. In 2021, Éditions du remue-ménage published Camille's essay Filles Corsaires. In 2022, the book won the Prix des Libraires du Québec, Essay category.

Overview

- Transcending the well-defined boundaries of romantic relationships, friendships have the power to influence our day-to-day decisions and even our very identity.
- This book has a story for every kind of friendship, whether forged online or through letters, whether short-lived or enduring.
- The essay provides an unusual take on the political impact of friendship: by creating places where we can be vulnerable and talk freely about what's important to us, we're empowered to take action to improve our quality of life.

S'engager en amitié
collection RADAR
2023 • 136 pages
All rights available

> This book is a nugget, accessible and touching. Camille takes you on a journey through those friendships that reassure, move and question us.
>
> Soazic Courbet,
> L'Affranchie bookstore

RADAR

The Faces of Ecoanxiety

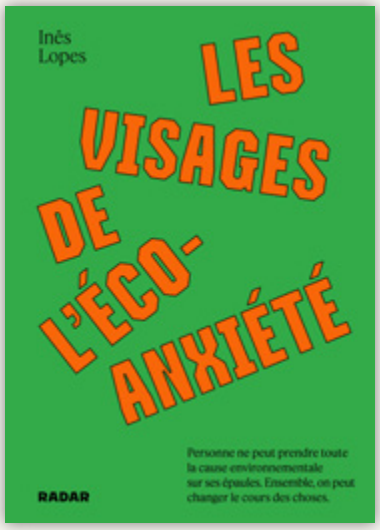
Inês Lopes

Climate change impacts the environment, but it also affects our physical and mental health.

Have you ever experienced insomnia when wrestling over the world's droughts or massive forest fires? Or felt anxiety or despair about the magnitude of the effects of climate change? The ecological crisis has effects upon our mental and physical health. The term for this state is "ecoanxiety."

Commonly experienced among youth, ecoanxiety is multifaceted. This work helps readers recognize the various symptoms and manifestations of ecoanxiety in order that they might mitigate its impacts and better support their mental health. The book also offers concrete tools to help reduce the effects of ecoanxiety. The antidote to being paralyzed with helplessness, proposes author Inês Lopes, is a collective commitment to change. A single individual cannot, after all, take the entire environmental cause upon their shoulders alone.

With a PhD in educational psychology, Inês Lopes has been collaborating with schools, cultural institutions, and the health community as a social and environmental educator for 20 years. She is an activist with Mères au front, an organization that mobilizes mothers to protect their children and life on Earth in the face of the climate emergency. *Les visages de l'écoanxiété* is her first book.



Les visages de l'écoanxiété
collection RADAR
2023 • 160 pages
Spanish Rights Sold

Used on boats to lead the way, the radar detects obstacles and pitfalls. Radar's essays explore a subject and uncover preconceived ideas. Books to navigate this era of climatic and social upheaval. To build a inhabitable world in which to flourish.

Overview

- Strategies and tools to help deal with all forms of stress and anxiety.
- A realistic presentation of the eco-social issues experienced by adolescents today with hopeful projections.
- A detailed table of feelings and emotions, with explanations to better differentiate them.
- The work highlights the importance of taking care of oneself to better care for others and the environment.
- A judgement-free book with no preconceptions, and above all, without any obligation for participant success.

RADAR

The conquest of Palestine

From Balfour to Gaza, a hundred-year war

Rachad Antonius

The Gaza war that broke out in October 2023 cannot be understood if we focus solely on the immediate events that triggered it.

For sociologist Rachad Antonius, it is urgent to situate the Gaza war that broke out in October 2023 within the context of a hundred-year war, the first steps of which were taken by the British Mandate over Palestine in 1922. *The conquest of Palestine* recalls three historical moments that allowed the process of ethnic cleansing of Palestine to take place in a structural manner: 1917-22; 1927-49; 1993-95. The book also addresses the major issues surrounding this conflict: is opposition to the Zionist project a form of anti-Semitism? What is the role of violence used by both sides? Why have the various peace plans failed? An essential work for understanding the historical and geopolitical roots of this conflict.

Key Points

- A concise but rigorous review of history: The book begins with the British Mandate for Palestine in 1922, which established the institutional, legal, and political tools that enabled the Zionist movement to gradually take control of the land.
- An accessible style, a solidly documented argument: This book is aimed at a wide range of citizens, journalists, and politicians who want to better understand the issues at stake in this conflict.
- Sensitive issues are addressed with tact: Anti-Zionism and anti-Semitism, violence and political power, self-defense or ethnic cleansing, role of the media , diplomatic maneuvering... Antonius avoid the trap of rigid ideological positions, exacerbated by the war in Gaza.

Rachad Antonius, associate professor at UQAM, was a full professor of sociology and worked on contemporary Arab societies, political conflicts in the Middle East, and stereotypical representations of Arabs and Muslims in the media. He is the author of numerous books, including *Islam and Islamism in the West: Elements for a Dialogue*, with Ali Bélaidi, published by Presses de l'Université de Montréal (2023)

La conquête de la Palestine. De Balfour à Gaza, une guerre de cent ans
2024 • 168 pages
All rights available

> Drawing on legal documents, humanitarian reports, and even the work of Israeli historians, Rachad Antonius examines, chapter by chapter, the decisions and actions that led to the exodus of a population and the dispossession of its territory.
>
> Ismaël Houdassine, Le Devoir

An Ecology for the 99%

20 capitalism myths debunked

Frédéric Legault, Arnaud Theurillat-Cloutier and Alain Savard

Illustrations by Clément de Gaulejac

Pour une écologie du 99%
20 mythes à déboulonner sur le capitalisme
2021 • 296 pages
English and Arabic rights sold

Can we be eco-warriors and stay true to our principles? This hard-hitting book is a must-read if we want to stay on the right path and preserve our living planet.

If everyone - from Emmanuel Macron to Jeff Bezos, and even Coca-Cola - is green, why is the environmental crisis growing at an alarmingly rapid rate? With the world population already experiencing the impact of climate change, not all of us are equally exposed to its violent effects. Environmental protection continues to be a divisive issue, with steadfast supporters but equally real enemies, some of whom stoop to greenwashing.The purpose of this book is to draw the battle lines.

To avoid being duped by false allies and create an ecology for the 99%, we must discuss a taboo topic: the exit from capitalism. Basically, this book is a crash course in the economics of capitalism and political strategies, an attempt to build a grassroots environmental movement by launching a discussion about some persistent myths. It presents compelling evidence why carbon market policies will fail, why a capitalist economy cannot be based on renewable energy sources, and why we should be protesting against overproduction, not overconsumption.

Time is running out, we can't afford to take any wrong turns.

> We close the book with a clear awareness of the problems, their causes, possible solutions and the forces at play. A must read!
>
> Anne Plourde
> **IRIS – Institut de recherche et d'informations socioéconomiques**

Frédéric Legault teaches Sociology and is finishing a thesis on post-capitalist economics. **Arnaud Theurillat-Cloutier** is a Philosophy teacher, doctoral candidate in Sociology and author of *Printemps de force* (Lux éditeur, 2017, Prix du livre politique de l'Assemblée nationale du Québec, 2018). **Alain Savard** is a union advisor and has a PhD in Political Science (York University). They are involved in Quebec's environmental movement through, among others, the grassroots movement and eponymous website, La planète s'invite au parlement.

AfroQueer

25 Committed Voices

Fabrice Nguena

25 moving portraits to help queer and Afro-descendant people escape invisibility.

AfroQueer people suffer from a double invisibility and marginality: they experience stigmatisation within Black communities, but also within the LGBTQIA+ community when they live in countries with a predominantly white population. This book, which brings together the portraits of 25 AfroQueer people living in the French-speaking world (Quebec, the West Indies, France, Belgium and sub-Saharan Africa), aims to help make these people more visible in their respective social spaces and to deconstruct prejudice against them. It is vital that young AfroQueers can finally see themselves in people who look like them, so that they can dream and project themselves into a future they would otherwise never have imagined.

Key Points

- An ode to diversity: resilient life paths, sometimes difficult and troubling, but always unique and touching, with very different profiles: activists, but also a rugby player, a scientist, a believer and James Baldwin...
- A place of power: a real empowerment of one's own queer and Afro identity, through these different portraits, which helps to clear a future for current and future generations.
- Queer love: AfroQueer talks about queer love, about the possibility of existing as Afrodescendant and queer people in the world. Homosexuality is still criminalised in some African countries, so we must salute the courage they have shown in their testimonies.
- Useful references: inspirational personalities, reference works, novels, films, etc. At the end of the collection, the author provides a number of useful references to help you better understand the history and reality of AfroQueer people.

Born in Switzerland to Cameroonian parents, **Fabrice Nguena** has lived in Canada for the past 15 years. A human rights activist, queer (LGBTQI+), anti-racist and pan-Africanist, he is currently a governor of Fondation Émergence. *AfroQueer* is his first book.

AfroQueer. 25 voix engagées
2024 • 216 pages
All rights available

> A remarkable book. These stories, when given the opportunity to be told publicly, are essential. Whether we owe them to ourselves or not, they save lives.
>
> Barbara Krief, Nouvel Obs

Chocolaty

The Bitter Taste of Cocoa Farming

Samy Manga

From the cocoa plantation to the chocolate bar, author Samy Manga's *Chocolaté* brilliantly portrays the chocolate industry's enduring layers of exploitation, ranging from the political to the intimate.

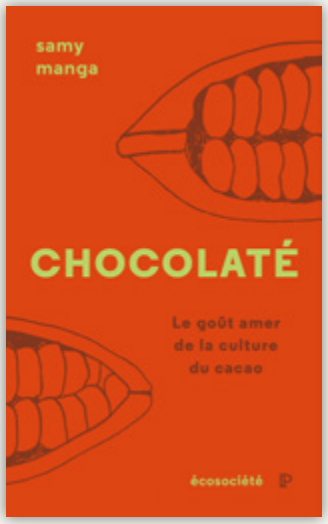
From ten years old onward, Abéna works alongside his grandfather in Cameroon's cocoa plantations. Valiant little general of the equatorial forests, Abéna is soon able to measure both the human and environmental damages caused by the monoculture farming of the bean responsible for chocolate.

African countries supply about two-thirds of the world's cocoa production, but what lies behind the trade of one of the world's most sought-after commodities? In the North, young and old alike savour their desserts and sweets, but are they conscious of the misery "cocoa mania" inflicts upon Africa?

Abéna's journey in *Chocolaté* reveals the underbelly of cocoa cultivation, an operation emblematic of the neocolonial economic relations between the "green gold" multinationals and the Sub-Saharan countries they exploit. The book exposes the poverty of those who farm and produce chocolate, as well as forced child labour, pesticide poisoning, water and soil contamination, large-scale deforestation, and the loss of biodiversity. For those African cocoa-producing countries that receive but a tiny fraction of the tens of billions of dollars generated each year by the chocolate industry, cocoa farming has, indeed, left them with a bitter taste.

Chocolaté is a vividly told story that skillfully and poetically weaves the transmission of ancestral memory and political indignation. Samy Manga takes us to the land of his childhood, beneath the large mango tree where the annual cocoa sale is held. And in the middle of the night, his rage at the violence of the exploitation of the people and resources of the Mother Continent rings out as a resonant cry.

Born in the Cameroon rainforest, Samy Manga is a writer, ethnomusician, sculptor, and environmental activist. His book *Opinion poétique,* a poetic exchange with Swiss author Caroline Despont (L'Harmattan, 2021), received the Grand Prix de Poésie Africaine d'Expression Française in 2021.



Chocolaté. Le goût amer de la culture du cacao
2023 • 136 pages
English Rights Sold

> Captivating.
> And deeply shocking.
> And upsetting.
> This is as much the story of your life as it is the story of so many children from so many African countries.

Penelope McQuade
Radio-Canada

Working Less is not Enough

Julia Posca

At the heart of our collective breathlessness, Julia Posca offers a necessary reflection on how to rethink our relationship with work.

Reducing working time is a long-standing demand for improving the quality of life of employees. By spending less time at work, we could finally catch our breath. But would working less be enough to restore balance to our overloaded lives? In the absence of a ready-made solution, Julia Posca explores ways of giving meaning back to work. To the dystopia into which we are sinking ever deeper, we could oppose the utopia of 'demarketised, democratised and depolluted' work. It's an invitation to rethink the organisation of work so that it responds first and foremost to the most "authentic" needs: to ensure a dignified existence for all, to nurture rich relationships, to bequeath a good life to future generations.

Key Points

- In-depth reflection: Julia Posca offers us an in-depth reflection on the nature of work in capitalist societies, and what it would mean to have work that could meet the social challenges of the 21st century and the ecological crisis.
- A real sociology of work: The author offers an in-depth analysis of work in today's societies and how it has changed in recent decades.
- A necessary struggle: Although the author seeks to move beyond the struggles to reduce working hours, she clearly shows how they remain relevant and necessary.

Julia Posca is a sociologist and researcher at the Institut de recherche et d'informations socioéconomiques (IRIS). A member of the editorial board of *Liberté* magazine, her publications include *Le manifeste des parvenus. Le* think big *des pense-petit* (Lux, 2018).

Travailler moins ne suffit pas
2023 • 144 pages
All rights available

> A very interesting reflection on the duration of work, but above all, on the purpose and objectives of work.
>
> Gérald Filion, Radio-Canada

> Julia Posca calls for a profound change in the way work is done, so that employees can rediscover meaning in their professional activities.
>
> François Desnoyers, Le Monde

The Ecofascist Temptation

Ecology and the Far-Right

Pierre Madelin

The ties between the climate crisis and repli identitaire, or identity withdrawal, will only exacerbate over time. We must understand ecofascism to better fight it.

While the relationship between the far right and environmentalism may not be obvious, an ecofascist current indeed runs through the global family of nationalist and identity ideologies, touching on issues of demography, tensions between localism and universalism, immigration, etc. Indeed, ecofascist theories have been shown to sow a certain degree of discord into political ecologies.

Even if no government has yet claimed it, the movement, still embryonic, could well intensify in the years to come. "It seems reasonable to me to consider that the more the ecological crisis worsens, the more the democratic and emancipatory options we have to face it will diminish, and the more, on the contrary, extreme solutions, still unthinkable today, risk being imposed," writes Pierre Madelin in this book, a work at the crossroads of a history of ideas, intellectual cartography, and political foresight.

Essential reading to better fight this alliance between "brown" and "green" ideologies.

Pierre Madelin is a philosopher and translator specializing in environmental humanities. At Écosociété, he is the author of *Après le capitalisme: Essai d'écologie politique* (2017) and of *Faut-il en finir avec la civilisation? Primitivisme et effondrement* (2021). He is also the author of *Carnets d'estives: Des Alpes au Chiapas* (Wildproject, 2021) and *La terre, les corps, la mort* (Éditions Dehors, 2022).

Contents

Introduction • 1. Ecofascism: A Polysemic Concept • 2. What Is the History of Ecofascism? • 3. Ecofascism Today: In France • 4. Ecofascism Today: In the United States • 5. What Is the Future of Ecofascim? • Conclusion

La tentation écofasciste.
Écologie et extrême droite
2023 • 272 pages
All rights available

> Literature on the links between ecology and the far right is abundant but of uneven quality. This is a book that stands out clearly for its depth of analysis.
>
> Christophe Fourel
> Alternatives Économiques

The Electric Car

Between Miracle and Disaster

Laurent Castaignède

What if the promise of the electric car was, in fact, but the prelude to a predictable disaster?

In the context of an increasingly acute climate crisis, the emergence of an electric alternative to the gas car promises to solve the latter's principal shortcomings, namely health and climate issues. But is the electric car a credible replacement? Is it truly a more sustainable alternative?

According to transportation expert Laurent Castaignède, we are witnessing but another fable that only enables us to accept further dependency. A green-washed option, certainly, but one that exists against a backdrop of perpetual economic growth. Because while electric cars do not emit greenhouse gases in and of themselves, they do mobilize a great deal of a resources to manufacture, and offer no solution for traffic congestion, the impact of road infrastructure on communities, or the ever-growing disproportionate sizes of today's vehicles.

Examining the earliest electric car, dating back to the invention of the automobile, Castaignède allows us to take the true measure of what the electric shift implies in terms of transport: something wavering between miracle and disaster.

An engineer, **Laurent Castaignède** is a graduate of the École Centrale Paris, and worked for nine years at Renault. Castaignède is a speaker and environmental impact advisor, as well as a media expert on issues regarding transportation. He is the author of *Airvore ou la face obscure des transports* (2018) and *La bougeotte, nouveau mal du siècle?* (2021), both published by Écosociété.

La voiture électrique.
Entre miracle et désastre
2023 • 184 pages
All rights available

> I think this is the best book on electric cars I've read in the last decade. Go read it right away.
>
> Luc Ferrandez
> 98,5 FM, Cogeco Radio

Why not cycle?

Stein van Oosteren

Cyclists will give you a dozen reasons why they ride. But the underlying reason behind them all is fun and freedom.

“Cycling is fun and you can run red lights.” “Oh sure, bikes are great, but you gotta have room for cars.” “Biking is dangerous! And besides, there are lots of things you can’t carry on a bike.” Who better to challenge these preconceived ideas than a Dutchman living in France? Few people know that, before the Netherlands became known as a paradise for cyclists, the car was king. That was in the 1970s, before citizens started a remarkable bicycle uprising, one that proved the pedal revolution is first and foremost a matter of political will.

With wicked humour, van Oosteren explains why we need to make our cities bikeable: because it’s good for our health, our morale, our children’s independence, the life of our neighbourhoods, the planet, and so much more! One by one, he tackles the many political and psychological roadblocks to cycling. Based on his experiences debating the topic with elected officials, the author believes that it’s time we started asking the real questions about transportation. For instance: not “how many cars can drive on a street”, but rather “how many people can use it”? Bike paths can accommodate seven times as many people as car lanes, so the math is easy!

To believe in change, you have to experience it first-hand. Because he can’t take you with him to the Netherlands, van Oosteren helps you to see public spaces from his Dutch point of view. You’ll return happy and amazed, as if you’d actually visited the bicycle kingdom, and say to yourself: “The question isn’t ‘why cycle,’ it’s ‘why *not* cycle’”?

Spokesperson for the Collectif Vélo Île-de-France, Franco-Dutchman **Stein van Oosteren** has been contributing to the discussion on cycling in France since the release of the documentary Why we cycle? in 2017. *Why not cycle?* is his first essay.

Pourquoi pas le vélo?
2021 • 200 pages
All rights available

> A stimulating book that joyfully dismantles a whole series of preconceived ideas.
>
> Weronika Zarachovicz
> **Télérama**

The Market Gardener

A Successful Grower's Handbook
for small-scale Organic Farming

Jean-Martin Fortier

Foreword by Laure Waridel

More than 200 000 copies sold

Jean-Martin Fortier's internationally acclaimed handbook for small-scale organic farming, have already sold 200 000 copies in English and in French. In his micro-farm located in Quebec, growing on just 1.5 acres (10 000 m²), owner Jean-Martin Fortier feeds more than 200 families through their thriving CSA (Community supported agriculture) and seasonal market stands.

The secret of his success is the low-tech, high-yield production methods they've developed by focusing on growing better rather than growing bigger, making his operation more lucrative and viable in the process. *The Market Gardener* is a compendium of La Grelinette's proven horticultural techniques and innovative growing methods, a complete guide packed with practical informations. Inspired by the French intensive tradition of maraichage and by iconic American vegetable grower Eliot Coleman, author and farmer Jean-Martin Fortier shows by example how to start a market garden and make it both very productive and profitable. Making a living wage farming without big capital outlay or acreages may be closer than you think.

Jean-Martin Fortier is a farmer, educator, and advocate for regenerative agriculture. He is author of the international bestseller *The Market Gardener*, founder of Growers & Co., and co-founder of the Market Gardener Institute. In 2015 he established the research farm la Ferme des Quatre-Temps. He lives and farms in Quebec, Canada.

Le jardinier-maraicher.
Manuel d'agriculture biologique sur petite surface
2015 • 240 pages
Rights sold: Chinese, Croatian, Dutch, English, German, Italian, Korean, Spanish, Vietnamese.

> Jean-Martin offers us a dream, but it's very real. And profitable! He provides us with all the necessary information to achieve it, and then, he tells us that it's easy.

Thimothée Croteau
Les Jardins d'Inverness (Québec)

The Other Pharmacy

A family Guide to Herbal Remedies

Laetitia Luzi

Illustrated by Mathilde Cinq-Mars

L'autre pharmacie.
Guide d'herboristerie familiale
2020 • 264 pages
All rights available

An accessible and nuanced guide to put together your green medicine cabinet at home.

Maybe you and your family live in a stressful, polluted environment. Maybe you're worried about a fragile parent, or anxiety wakes you up at night, or you live a long way from health care institutions. We all have good reasons to turn to plant-based care and to learn more about botanical medicine. This kind of medicine, practiced on every continent for thousands of years, has long been relegated to the margins. Today, though, natural forms of medicine are no longer practiced in secret: we are starting to acknowledge, study and teach them. Luzi's book is part of this emancipatory process, encouraging us to reestablish direct contact with plants and become less dependent on the pharmaceutical industry.

The book includes:

- fact sheets for 50 plants,
- explanations on how to choose, harvest, prepare and use these plants,
- advice on preventing and treating over 40 simple and common pathologies,
- warnings about side effects and counter-indications,
- a section on essential oils.

Laetitia Luzi is a herbalist, naturotherapist, aromatherapist and hypnotherapist. Trained as a sociologist and anthropologist, she worked for NGOs as a leader of humanitarian missions in the field, discovering alternative approaches to medicine through the traditional therapies of the countries in which she lived. Today, she teaches and works as a part-time consultant in Canada and Europe.

> This family herbalism manual will delight anyone looking for theoretical medicinal knowledge and practical advice.
>
> Violette Gentilleau
> **Les Libraires**

The Bee and the Hive

The Ecological Beekeper Handbook

Alain Péricard

Foreword by Pierre Rhabi

L'abeille et la ruche.
Manuel d'apiculture écologique
2023 • 360 pages
All rights available

The updated and expanded edition of an ecological beekeeper handbook that has become an essential in the French-speaking world.

Devastated by industrial and chemical agriculture, bee populations are under serious threat throughout the world. Their vitality is an indicator of our biosphere's health, and we urgently need to develop an environmentally appropriate apiculture as part of a widespread organic revolution in agriculture.

This book will tell you:

- where to set up hives, and what resources you will need to do so;
- what equipment and tools you will need to carry out your tasks as you visit hives throughout the beekeeping season;
- how to identify, prevent, and protect hives against disease, parasites, and predators, and how to keep colonies in good health;
- specific techniques associated with interventions that focus on the queen and genetic selection;
- how to extract, use, and transform honey and other products from the hive.

Written by an experienced beekeeper, the book is abundantly illustrated.

> There is no doubt that the reader of this work will be rewarded with a wonderful initiation as I too had the privilege.
>
> Pierre Rabhi
> **Excerpt from the foreword**

Alain Péricard kept bees for twenty years before moving to an almost exclusive focus on ecological beekeeping in the early 2000s, at Rucher biologique Apis in Québec. A graduate of McGill University in international and intercultural communication, feminist theories, and qualitative methodology, he has taught, done research, and worked as a scientific journalist specializing in agriculture and the environment.

Hens in the Yard

A Handbook to Raising Chickens in the City

Louise Arbour

The complete guide to knowing the ABCs of keeping chickens in an urban environment.

Let's say you have some space in your backyard, and you wouldn't mind some fresh eggs every day. We are more and more concerned about the environment, and more committed to eating locally: hen houses are definitely going to be a feature of tomorrow's urban reality. Louise Arbour generously shares her years of experience with laying hens and her wide-ranging research on this topic. Her guide will make you familiar with the anatomy and behaviour of the hen (*Gallus gallus domesticus*), and will also tell you how to:

- care for animal well-being,
- choose healthy laying hens,
- build or buy a proper hen house,
- take care of your hens in winter,
- feed your hens and take care of their nutritional needs,
- use prevention and biosecurity to reduce the threat of disease,
- understand how eggs are formed and laid.

The book also explains how to approach your town or city's elected officials and representatives and work with them to develop urban hen house projects, community projects, or therapeutic projects for seniors living in residences.

The guide calls on us to include hens in the overall mosaic of urban agriculture and the principles of permaculture. They are undoubtedly some of the best representatives of the "eat locally" movement!

Louise Arbour is one of the major ambassadors of the urban chicken movement in Québec. She is the founder and director of Poules en ville (Hens in Town), a consultancy company and school providing online training on raising hens in urban environments. She has written articles and given many lectures on this topic. She lives in Terrebonne, Québec, with her five hens, and is actively involved in VERTerrebonne, an organization dedicated to raising awareness of healthy and environmentally responsible habits.

Des poules dans ma cour.
Pour des œufs frais au quotidien
2020 • 288 pages
All rights available

The Sustenance Garden

Self-sufficiency through no-tillage

Marie Thévard

The essential guide for how to become food self-sufficient and grow a thriving food garden without depleting the soil.

Living by your convictions: that's the choice Marie-Thérèse Thévard (Marie-Thé to her friends) made roughly thirty years ago when she launched her food self-sufficiency and no-till gardening venture in her adopted region of Saguenay, Québec. The Sustenance Garden is the story of her beliefs, research and effort she put into practicing an environmentally responsible lifestyle based on independence from fossil fuels, resilience, healthy eating, permaculture, agroecology and community living.

Divided by month, with step-by-step explanations of how to grown a thriving organic food garden, the guide lays out the principles and techniques to grow vegetables, fruits, legumes – even grains! In contrast to the soil depletion caused by industrial agriculture, Marie-Thé focusses on the qualities of the soil. Her central tenet is no-till gardening, an approach that shuns tilling in favour of mulching – and she chose to set up her venture in a northern, boreal climate that many would consider unsuitable for market gardening.

Thanks to Marie-Thé's many years of experience, you will learn:

- The principles of permaculture, agroecology and no-tillage;
- How to combine crops to get a thriving, resilient ecosystem;
- Techniques for protecting crops against the cold;
- Organic methods of controlling the most common crop pests;
- A toolkit to help you organize your garden: storage tips, tool suggestions, schedules for sowing, planting and harvesting, etc.;
- Ways to preserve vegetables and seasonal recipes;
- Poultry raising basics.

Written by the daughter of Marie-Thé, Marie Thévard (also known as Marie-Thé), *The Sustenance Garden* is an essential roadmap for anyone wanting to get more out of their sustenance and no-till garden and gradually become food self-sufficient. With its many illustrations and photos, this book is a must-have for both beginner and experienced ecological gardeners.

Le jardin vivrier.
Autosuffisance et non-travail du sol
2021 • 384 pages
All rights available

> An essential guide that reveals all its secrets for creating a thriving ecological garden at home, regardless of the size of the land, and at a lower cost.
>
> Dany Bouchard
> **Le Devoir**

The Art of Recipe-Free Cooking

Food Resilience Guide

Véronique Bouchard

Sometimes cooking can seem like a lot of work: busy schedules, complicated recipes, hard-to-find ingredients for a dish by some famous chef … It's no wonder ready-to-eat food sometimes seems so attractive. But what if we learned to cook without recipes? Véronique Bouchard wants us to discover our own inner cook, regain our food autonomy, and eat food that's in season and available.

Given the current issues of climate change, resource depletion, pandemic fears and growing social inequality, it's more important than ever that we learn a new way of eating, cooking and preserving locally produced food. A true anti-cook book, The Art of Recipe-Free Cooking provides all the tips and techniques readers will need to develop their cooking instincts and promote food resilience. It serves up tasty topics such as:

- The main reasons for eating seasonal, local and organic food,and moving away from mindless eating and prepared meals.
- The basics of a diet that's good for your body, and for the planet.
- Tips on freezing, canning, fermenting and drying.
- The ABCs of making: bread, kombucha, kefir, sprouts and shoots.
- A map of Quebec, by terroir.
- Variations on 27 themes: salads, risottos, pies, croquettes, pancakes, sauces, pestos, soups, veggie pâté, muffins, pastas, stir-fries, etc.
- The Art of Recipe-Free Cooking might well be the last cookbook you ever buy! A tribute to the artisans who feed us, this guide is sure to build your confidence and make your cooking more seasonal, as well as helping to create a greener, more resilient and more nutritious food culture.

Véronique Bouchard comes from a family of farmers and grocers. Today, she's an agronomist, lecturer and ecofeminist who is active in her community, and co-founder of the Ferme aux petits oignons, a diversified organic vegetable farm in Mont-Tremblant. She has received many academic and professional prizes and awards.

Cuisiner sans recettes.
Guide de résilience alimentaire
2020 • 216 pages
All rights available

> We must put human relationships back at the centre of our economy and our diet. Changing the way we produce, consume, cook and eat is the first step towards finding solutions to climate change.
>
> Véronique Bouchard

Gardening in the Ruins

What Gardens in a Toxic World?

Bertille Darragon

This is the reference book for coping with the onslaught of the industrial world on our bits of garden. So that you can put your hand to the soil with full knowledge of the facts.

Growing your own patch of garden has many virtues, but the vegetable garden is not cut off from the world. It suffers the toxic assaults of our industrial lifestyles through the air, water and soil. An essay on the main contaminants in our gardens and a manual for dealing with our industrial liabilities, *Gardening in the Ruins* explains where the various pollutants come from and how they affect vegetable plants.

For each contaminant (ozone, acid deposits, heavy metals, pesticides, GMOs, plastics, medicines, radionuclides), the author explains what is at stake and shows how to limit the damage. Like a neighbor in the field, without resorting to the language of an expert, Bertille Darragon urges us to take action rather than resign ourselves.

Key points

- A two-for-one: a treatise on contaminants and a collection of gardening tips.
- A concise, easy-to-understand study: far from boring catalogues on the countless contaminants, this book explains their origins, behaviour and effects in a perfectly didactic way.
- Scientific seriousness: the book is backed up by numerous scientific references and endorsed by specialists in the field.
- Lively and colourful: By combining essays, practical advice (with diagrams, photos and graphs) and personal accounts in the form of informal conversations between friends, this book stands out from the classic works on the gardening shelves.

Bertille Darragon practises gardening and market gardening in France. As a botanical, she is involved in her daily life and her community against the policies and practices that are accelerating climate catastrophe. *Gardening in the Ruins* is her first essay.

Jardiner dans les ruines. Quels potagers dans un monde toxique?
2024 • 380 pages
All rights available

> With its well-documented glossary, the book is both an essay on pollution and a practical guide.
>
> Ismaël Houdassine, Le Devoir

> Gardening in the Ruins blends ease of reading, a concrete, practical approach and scientific explanations.
>
> François Desnoyers, Le Monde

Ecosabotage

From Theory to Action

Anaël Chataignier

What if eco-sabotage were to become part of the tactical arsenal of climate activists? Essential thinking for the rest of the world.

What's wrong with the strategies adopted in response to the current ecological disaster? What if eco-sabotage were to become a more effective tactic for climate activists? For Anaël Chataignier, the lack of decisive victories for the environmental movement, the climate emergency and the inertia of the system mean that we need to talk about strategies, organisations and modes of action. Anaël Chataignier has written both a treatise on political strategy and a short manual on eco-sabotage, so that the environmental movement can regain the offensive and change the course of events. A richly documented fieldwork based on a number of historical events, the work of thinkers on political organisation and her own personal experience as an activist.

Key Points

- Rehabilitating a strategy: the use of sabotage as a tactic of resistance is not new, yet this form of militant action now seems to be discredited as never before, including within social movements. The author reminds us of its effectiveness throughout history (suffragette, French Resistance...), and why this tactic should be reconsidered in the light of today's urgency.
- A militant reflection: The book offers a rich source of reflection in the form of a treatise on political strategy, covering both the historical and theoretical aspects of concepts such as the diversity of tactics, civil disobedience, sabotage, forms of militant action, and so on.
- A small, practical manual: with the aim of providing a practical answer to the question "what can we do?", the author also offers a real small manual on eco-sabotage, in which he shares the elements that need to be taken into account in preparing and organising an action and in matters of security.

Anaël Chataignier was born in the south of France. After graduating from the Beaux-Arts with a degree in drawing, he regularly exhibited his work in France and abroad. The issues of politics and democracy are as much a part of his artistic work as his participation in various militant environmental and/or anarchist groups. For some years now he has been trying to bring these two aspects of his practice together. He teaches drawing at a fine arts school in France.

Écosabotage.
De la théorie à l'action
2024 • 272 pages
All rights available

> Ecosabotage, a form of civil disobedience aimed at curbing the destruction of the planet, is necessary and essential, for the author: "We don't come to ecosabotage for pleasure or romanticism, we do it because it's the last resort".

Élizabeth Ménard, 24 heures